



ADULT Medication Monograph




CEFALEXIN (CEPHALEXIN)

This document should be read in conjunction with this [DISCLAIMER](#)

[Antimicrobial Restriction - Green Unrestricted](#)

Presentation	Capsule: 250mg, 500mg Oral liquid: 250mg/5mL
Dose	<u>Asymptomatic bacteriuria</u> Oral: 500mg 12 hourly for 5 days <u>Acute cystitis</u> Oral: 500mg 12 hourly for 5 – 7 days (may be extended if slow response or a recurrent episode) <u>Prophylaxis post pyelonephritis</u> Oral: 250mg at night <u>Mastitis</u> Oral: 500mg 6 hourly for 10 days <u>Perineal Trauma</u> Oral: 500mg 6 hourly for 7 days
Administration	<u>Oral:</u> Take with or without food
Pregnancy	1st Trimester: Safe to use 2nd Trimester: Safe to use 3rd Trimester: Safe to use

Breastfeeding	Safe to use
Monitoring	Approximately 2.5% of patients with a confirmed penicillin allergy also have a cephalosporin allergy
Clinical guidelines and policies	<p>WNHS Policy: Antimicrobial Stewardship</p> <p>KEMH Clinical Guideline: O&G: Infections: Urinary tract infection in pregnant women</p> <p>KEMH Clinical Guideline: O&G: Mastitis: Management of</p> <p>KEMH Clinical Guideline: O&G: Perineal trauma: management of third and fourth degree</p>
References	<p>Therapeutic Guidelines. Cross-reactivity between beta lactams. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2014 [cited 2019 Mar 19]. Available from: https://tgldcdp.tg.org.au</p> <p>Australian Medicines Handbook. Cefalexin. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2019 [cited 2019 Mar 19]. Available from: https://amhonline.amh.net.au/</p> <p>The Royal Women's Hospital. Cefalexin. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2019 [cited 2019 Mar 19]. Available from: https://thewomenspbmg.org.au/</p>

Keywords:	Cefalexin, cephalixin, UTI, urinary tract infection, mastitis, breast infection, bacteriuria, cystitis, pyelonephritis		
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Standards Applicable:	NSQHS Standards: 1  Governance, 3  Infection Control, 4  Medication Safety		
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