



ADULT MEDICATION GUIDELINE

DIAZEPAM

Scope (Staff): All WNHS Staff

Scope (Area): Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

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Medication Class

Benzodiazepine

Presentation

Ampoule: 10mg/2mL

Tablet: 2mg, 5mg

Storage

Store at room temperature, below 25°C

Schedule 4 Restricted Medication

Dose

Anxiety, agitation

Oral:

2–5 mg as a single dose. Dose may be repeated, if necessary, up to a maximum of 10 mg daily.

Acute severe anxiety, agitation, behaviour disturbance

IV:

5–10 mg, repeated if necessary every 5–10 minutes to a maximum of 30 mg.

Benzodiazepine/Alcohol/Opiate withdrawal

Refer to *WNHS Withdrawal Chart*

Premedication

IV:

0.1–0.2 mg/kg.

Elderly and/or debilitated

Halve the usual adult dose.

Administration

IV Injection (preferred)

Inject undiluted, directly into a large vein, at a rate of 5 mg/minute (1 mL/minute) or slower.

IM, Subcut, IV Infusion:

Not recommended. Contact pharmacy for advice.

Monitoring

Extravasation or intra-arterial administration may cause severe complications.

Rapid injection may cause apnoea, hypotension, bradycardia and cardiac arrest.

Resuscitation equipment must be readily available.

Pregnancy

1st Trimester: Considered safe to use

2nd Trimester: Considered safe to use

3rd Trimester: Monitoring required

Breastfeeding

Considered safe to use

Related Policies, Procedures & Guidelines

KEMH Clinical Guideline: O&G:

[WANDAS](#)

[WA Community Program for Opioid Pharmacotherapy \(CPOP\)](#)









[Women's and Perinatal Mental Health Referral and Management](#)

References

Australian Medicines Handbook. Diazepam. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2022 [cited 2022 Mar 22]. Available from: <https://amhonline.amh.net.au/>

Society of Hospital Pharmacists of Australia. Diazepam. In: Australian Injectable Drugs Handbook [Internet]. [St Leonards, New South Wales]: Health Communication Network; 2022 [cited 2022 Mar 01]. Available from: <http://aidh.hcn.com.au>

The Royal Women's Hospital. Diazepam. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2022 [cited 2022 Mar 01]. Available from: <https://thewomenspbmg.org.au/>

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