

Oncology Service

Pre-admission information for surgery – prep 1

Please come to the admission desk through the main entrance of King Edward Memorial Hospital on Bagot Road.

IMPORTANT: Please telephone DOSA on (08) 9340 1459 between 5pm and 6pm the evening prior to your surgery. If your surgery is on a Monday you will need to call on the Friday before your surgery between 5pm and 6pm. They will give you your admission time.

Special instructions

Bowel preparation:

- Commence the low-residual diet on _____ for 48 hours prior to surgery.
- On _____ the day prior to your surgery have a light breakfast of tea and toast then commence on clear fluids* only. Dissolve a sachet of Pico-prep in 250mls of warm water and refrigerate. Drink at 3pm followed by a glass of water and continue to drink a glass of water every hour.
- You may drink clear fluids* up to 6am for morning surgery then FAST.
- You may drink clear fluids* up to 11am for afternoon surgery then FAST (although these times could be changed).
- No lollies, chewing gum or smoking allowed while fasting.

*Clear fluids include strained chicken or strained vegetable broth, jelly, clear fruit juice, black tea or coffee (no milk) and water.

Other preparation on the day of your surgery

- If you are on medication you should continue to take your medication unless you have been instructed otherwise by your doctor. Please bring your medications in to the Hospital with you.
- Do not smoke for at least 24 hours before your admission.
- Shower on the morning of your operation. Do not use talcum powder.
- Remove all nail polish and jewellery.
- Do not shave for seven days prior to surgery.

Other instructions: _____

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