MANAGEMENT OF THE BLADDER AND URINARY DRAINAGE APPARATUS

INDWELLING CATHETER (IDC): REMOVAL

Keywords: Removal, urinary catheter, hand hygiene, urethral catheter

AIM

- To ensure the safe removal of a urinary catheter.

KEY POINTS

1. Remove the IDC as soon as medically possible, thereby reducing the infection risk.
2. Clamping is not recommended prior to routine removal.

EQUIPMENT

- Disposable gloves, personal protective equipment (PPE)
- Syringe
- Waterproof sheet +/- Kidney dish / receiving container

PROCEDURE

1. Explain the procedure to the woman and obtain verbal consent.
2. Check the woman’s notes to see how much water was inflated into the balloon and check the scheduled removal date.
3. Gather the equipment required for the removal.
4. Ensure privacy. Position the woman supine, while preserving her dignity.
5. Perform hand hygiene and put PPE and gloves on.
6. Place a waterproof sheet and / or kidney dish / receiving container between the woman’s legs to receive the used catheter and to catch any urine spillage.
7. Attach the syringe to the catheter valve to deflate the balloon. Do not pull on the syringe, but allow the water from the balloon to fill the syringe.
8. Release any straps and tapes before deflating the balloon.
9. Ask the woman to relax. As the woman exhales, gently remove the catheter.
10. Make the woman comfortable, and provide hygiene as required.
11. Check that the catheter is intact and record the amount of urine in the drainage bag.
12. Dispose of the equipment appropriately, remove gloves and perform hand hygiene.
13. Document the date and time of catheter removal.
14. Record urine output until frequency and voided volumes are satisfactory.

See KEMH Clinical Guidelines, O&G: IDC- Trial of Void.
15. Inform the woman, and/or observe, for any signs of Urinary Tract Infection/voiding difficulties.6

REFERENCES / STANDARDS

Acknowledgement

National Standards – 1- Care Provided by the Clinical Workforce is Guided by Current Best Practice
3- Preventing and Controlling Healthcare Associated Infections

Legislation – Nil
Other related documents –

RESPONSIBILITY
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