

7 CAESAREAN SECTION

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7.1 Pre-admission clinic for births by elective Caesarean section
Section B
Clinical Guidelines
King Edward Memorial Hospital
Perth Western Australia

7.1 PRE-ADMISSION CLINIC FOR BIRTHS BY ELECTIVE CAESAREAN SECTION

PURPOSE

- To assess women antenatally and provide information and education regarding their elective Caesarean section.
- To prepare notes for theatre

CRITERIA

- All women who have been booked for an elective Caesarean section within 7 days of the Pre-Admission Clinic date.
- All private women whose obstetrician has requested this service.

EXCLUSION CRITERIA

- All women with a medical / obstetric reason which requires admission prior to day of surgery.

PROFESSIONAL ATTENDANCE

- Anaesthetic registrar
- Midwife
- Researchers who have had their attendance approved by the Medical Ethics Committee

MEDICAL PRE REQUISITES FOR APPOINTMENT

Antenatal Clinic medical officer has arranged that:

- operating theatre is booked
- Caesarean section consent form (MR295) has been signed
- pathology request forms are completed for pre-surgery investigations
- medical admission assessment and medical records are completed.



OUTCOMES

Anaesthetic registrar will ensure:

- anaesthetic assessment completed
- premedication ordered on MR810
- recruited for research as required.

Midwives will ensure:

- an antenatal assessment is performed to identify potential problems.
- Inclusion of relevant documentation:
 - Labour and birth summary - MR230.0
 - Pre-Op / theatre Checklist – MR 290
 - Anaesthetics Chart - MR 300
 - CONSENT FORM FOR Epidural/spinal MR- 295.52
 - Medication chart – MR810
 - Staff initial/signature MR_ 810.12
 - Midwifery observation chart - MR285
 - Caesarean section – MR 310
 - Neonate history – MR410
 - Neonatal progress Sheet –MR 420
 - Elective Caesarean Section Birth Plan – MR 290.01(Midwife to arrange any necessary further discussion of extra-ordinary birth plan requests with appropriate professional)

Midwife has explained:

- fasting guidelines
- time of admission
- procedure during admission and Clinical Guidelines for Caesarean section
- what to expect in theatre
- discharge planning, including
 - length of stay
 - Visiting Midwifery Service
- rooming-in policy
- visiting hours
- physiotherapy guidelines and benefits of mobilisation
- use of TED anti-embolism stockings
- pain relief options
- options for / importance of
 - skin-to-skin contact with newborn as soon as possible
 - early breastfeed (in recovery if appropriate)
 - limited separation of mother and baby when possible
- vitamin K administration
- Allied Health referrals if required
- blood testing required within 6 days of surgery date
- Interpreters are booked for day surgery as required.



- Email is sent to KEMH Midwifery Nurse Managers (including Hospital Clinical Managers), Language Services and DSU Clerks with a list of all patients that attended, clinic, date of surgery, and reasons for caesarean, including weight above 100kg or BMI more than 36

Phlebotomist has taken blood for:

- full blood picture
 - group and hold
 - antibodies (if required)
 - other (as requested).
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