8 NEWBORN FEEDING

8.5 GUIDELINES FOR A FORMULA FED BABY

8.5.3 FLUID REQUIREMENTS OF THE FORMULA FED BABY

Day 1  60ml per kilogram (birth weight) per day.
Day 2  80ml per kilogram (birth weight) per day.
Day 3  100ml per kilogram (birth weight) per day.
End of first week  150ml per kilogram per day.

ESTIMATION OF FLUID REQUIREMENTS:

Amount is calculated from baby’s birth weight until the latter is regained. The actual weight is then used.

End of first week  150ml per kilogram of birth weight per day,  3 hourly = 8 feeds/day

Birth Weight  3,520 g = 1,000 x 6 = 87.5ml per feed -
i.e. 90ml would be offered each feed.