NURSING CARE

VAGINAL PROCEDURES

1.6.1 Insertion of a Vaginal Pack for Uterine Procidentia

Section C

Clinical Guidelines

King Edward Memorial Hospital
Perth  Western Australia

INSERTION OF A VAGINAL PACK FOR UTERINE PROCEDENTIA

AIM

The insertion of a vaginal pack to replace a prolapsed uterus.

KEY POINTS

1. This procedure may be performed by nursing / midwifery staff.
2. If the prolapse is unreducible the woman must be reviewed by the medical officer.
3. This procedure is usually performed for a predetermined time prior to definitive surgery.
4. The pack is usually replaced daily.
5. An indwelling catheter should be inserted for the duration of the pack being in situ.
6. The procedure is carried out using the principles of asepsis.

EQUIPMENT

- Sterile sponge holding forceps (optional)
- Sterile dressing pack
- Sterile scissors
- Sterile kidney dish
- Sterile gloves
- Gauze pack 4"
- Sanitary pad
- Prescribed lotion

PROCEDURE

1. Explain the procedure and gain verbal consent.
2. Offer appropriate analgesia.
3. Place the woman in the left lateral or supine position on a continence sheet (bluey). Cover appropriately to maintain dignity.
4. Ensure there is adequate light to perform the procedure easily.
5. Tie the ends of the gauze together if more than one pack is required.
6. Soak the gauze in the prescribed lotion.
7. Using a gloved hand, gently replace the prolapsed uterus.
8. Insert the soaked pack using sponge holding forceps or a gloved hand.

9. Place a sanitary pad in position.

10. Document the procedure in the woman's notes.

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