BREASTFEEDING CHALLENGES

For the following breastfeeding challenges, See O&G Clinical Guidelines Section B:8.2 Breast Feeding Challenges.

- Nipple Trauma
- Oversupply
- Bleeding Nipples
- Causes and Management of Mastitis
- Flat or Inverted Nipples
- Breast Abscess
- Engorgement
- Blocked ducts

- Refer mothers and infants experiencing breastfeeding challenges to the SCN Lactation Consultant (KEMH), Midwife (6B) or a member of the nursing staff experienced with breastfeeding.

- It is expected that mothers will be expressing up to 7 times in 24hrs and obtaining 500-800ml/day by the end of the 2nd week in order to establish and maintain their supply. If they have a low supply, refer to lactation consultant.

A breastfeeding care-plan is to be used for long term infants and those with special needs. Include the following: the timing of breastfeeds, specific requirements for positioning and attachment e.g. transitional hold, use of a footstool, nipple shield, the need for top-up feeds following breastfeeds.

All staff should complete BFHI eLearning packages: Module 1 – 4

Baby Friendly Health Initiative (BFHI) Educational Tools

RECOMMENDED FURTHER READING