9.1. QUICK REFERENCE GUIDE – DISCHARGE / TRANSFER PLANNING

**Neonatal Discharge / Transfer Planning**

- **Other Neonates**
  - Preterm <37 weeks
  - Medical care under Paediatric Consultant
  - Ex-SCN/NICU patients
  - Discuss with Paed Consultant

- **Well Term Neonate**
  - Continuing Medical Care AND / OR
  - Significant social issues
  - Discuss with Paed Consultant

- **Well Term Neonate**
  - Routine Post-natal Care
  - NO social issues of concern
  - RMO can authorise transfer / discharge

**Planned Inter-hospital transfer**

- Requirements
  - RMO contacts receiving Paed / MO
  - Complete transfer letter (see ‘forms’) to send with mother / baby

**Planned discharge home**

- Requirements
  - Examination by Paed RMO
  - If ≤24 hours since birth:
    - Day 1 check acts as discharge check
  - If >24 hours since birth:
    - A repeat ‘discharge check’ is required

**Transfer by air?**

- Yes
  - If <10 days:
    - Obtain ‘Fitness to Fly’ form from ward clerk and complete
    - Sign PATS form if necessary
  - Transfer

- No
  - Home