8.1 QUICK REFERENCE GUIDE - DEVELOPMENTAL DYSPLASIA OF THE HIP

Developmental Dysplasia of the Hip

Normal Exam

‘Clicky Hip’

Unstable Joint

‘High risk’
- DDH in 1° relative
- Breech lie

Review by Paediatric senior registrar / consultant

Examination normal?

No

Yes

Yes

No

Confirmed Stable
- Clicky hip joint confirmed
- Negative Ortolani’s sign
- Negative Barlow’s sign

Routine GP Follow-up
- Clinical exam at 6 weeks
- Hip US if exam abnormal

DDH Clinic
- DDH referral form (Fax to PMH)
- DDH GP letter

Confirmed Unstable
- Any of:
  - Positive Ortolani’s sign
  - Positive Barlow’s sign
  - Postural/fixural asymmetry

Immediate Orthopaedic Referral
- Contact PMH Orthopaedic Reg
- Complete DDH referral form
- Complete DDH GP letter
- PRIOR TO DISCHARGE