



Notification of new, updated and withdrawn guidelines Jan-Feb 2024

Obstetrics and Gynaecology Directorate

Clinical Midwifery/Nurse Specialist – Guidelines and Quality

Anaesthetics

[Access through HealthPoint - intranet]

Nil

Community Midwifery Program (CMP)

Nil

Obstetrics and Gynaecology

[Birth After Previous Caesarean](#) [Jan 2024]

- Amendment- removed continuous oxygen saturation monitoring from RCA statement. The statement continues to recommend continuous maternal heart rate monitoring during CTG to ensure adequate differentiation between maternal and fetal wellbeing.

[Female Genital Cutting / Mutilation \(FGC/M\)](#) [Feb 2024]

- Terminology updated, definitions added; updated health consequences of FGC/M; lists communities living in WA whose country-of-origin practice FGC/M
- Consider risk of FDV; Consider health literacy during discussions to ensure information about the procedure is understood. Offer and explain WNHS services, including Psychological Services, Physiotherapy and Social Work.
- To have full assessment of bladder function by Urology CNC/NP antenatally and preoperatively if having deinfibulation
- Maternity patients- The timing (antenatal or intrapartum) of deinfibulation should depend on patient preference, access to health care facilities and health care provider's skill level. Additional considerations in labour added and postpartum section updated, including expectations, physiotherapy, and social work.
- New Gynaecological de-infibulation chapter- read section



Induction of Labour: Methods [Feb 2024]

- Condensed content. Prostaglandins procedures merged where similar.
- Transcervical catheter section- documentation to include cervical assessment prior to and following insertion
- Oxytocin:
 - **Increases in oxytocin infusion changed to at least 30 minutes apart [RCA recommendation]**
 - Oxytocin infusion regimen moved to appendix, with a new fluid restricted regimen added.
 - For women with a **previous caesarean**:
 - titrate oxytocin to enable adequate uterine activity with no more than four contractions in 10 minutes
 - **continuous maternal heart rate monitoring during CTG- to ensure adequate differentiation between maternal and fetal wellbeing [RCA Recommendation]**
- New chapter for IOL challenges covering tachysystole, uterine hypertonus, & hyperstimulation- Management also includes reduce or cease oxytocin; consider fluid bolus; and remain with woman until normal uterine activity resumes. Terbutaline precautions includes hyperthyroidism.
- Unsuccessful IOL- develop management plans in partnership with the woman. Further attempts to induce labour: Assess favourability of cervix and whether ARM is possible. If a second or third ripening agent is used, it should be at the discretion of the clinician, after discussion with the patient.

Water Immersion in Labour and Birth [Feb 2024]

- Title changed from 'Water for Pain Management During Labour and /or Birth' to 'Water Immersion during Labour and Birth' to align with language in the Department of Health WA policy and standard. Reviewed in alignment with update to the Department of Health WA state-wide policy and standard. Additional elements from state policy added.
- Communication to include clear expectations and reasons why they may be asked to leave the water
- New section added for water immersion training requirements. Includes ongoing mandatory annual refreshers on use of an evacuation pod. To enable a woman to enter a pool / bath for water immersion in established labour, the midwife caring for her must be water birth competent, or if being supported to attain competency:
 - the competent midwife must be on the floor unit and available to work with that midwife in a supernumerary capacity
 - and as a minimum, the midwife that is providing care to the woman needs to have completed the WNHS water birth eLearning, to ensure knowledge of how to provide appropriate care and evacuation of a woman from the pool
- OSH- incorporate micro breaks to reduce the effects of sustained tension (e.g. stop, stretches, then resume care)



- New sections added for infection prevention considerations, workforce considerations, and audit, compliance and evaluation- read sections
- Added Appendix 1: Local processes for candidate selection

Perioperative Services (including HSSD) [Access through HealthPoint - intranet]

HSSD: Downtime Procedure for Reusable Medical Device Sterilisation **[NEW]** [Jan 2024]

HSSD: Heat Sealer Performance Testing (Daily) [procedure] [Jan 2024]

- New Atherton MD680st heat sealer. New standard AS 5369:2023.

HSSD: Operation of Diateq™ Insulation Tester [procedure] [Jan 2024]

- Routine review- no practice changes. New standard AS 5369:2023.

HSSD: Operation of Heat Sealer [procedure] [Jan 2024]

- Titled changed- removed 'Steriking RS 120' from title as new Atherton MD680st heat sealer. New standard AS 5369:2023.

HSSD: Recall Procedure **[NEW]** [Jan 2024]

Latex Sensitivity in Theatre: Management of [Jan 2024]

- Reviewed; superseded practice removed
- Added compliance monitoring section

Medical Imaging [Access through HealthPoint - intranet]

Nil

WNS Osborne Park Hospital [Access through HealthPoint - intranet]

Nil

Withdrawn guidelines

1. **HSSD Attire** [Jan 2024]- Refer instead to Perioperative Attire guideline
2. **Complex Care: Planning** [Feb 2024]- Not reflective of current systems and digital medical record system; New processes for WNHS under development by working groups

Other departments- Updated procedures

WNHS Education Requirements (e.g. DNAMER, PGME)

1. **Cardiotocography (CTG) Monitoring: Mandatory Education Requirements for Midwives and Medical Practitioners** [Dec 2023]



Child and Adolescent Health Service (CAHS)- Neonatology guideline updates

For changes to [neonatology](#) and [neonatology postnatal ward](#) guidelines, refer to the right hand side of the [neonatology](#) guideline hub page.

Sir Charles Gairdner Osborne Park Health Care Group (SCGH / OPH) guideline updates

Some guidelines at KEMH and / or OPH link to SCGH guidelines for non- obstetric / gynaecology topics (e.g. TPN, stoma, wound, bowel care). Refer to [SCGOPHCG updates](#) if relevant.

This document can be made available in alternative formats on request for a person with a disability.

© North Metropolitan Health Service 2024

Copyright to this material is vested in the State of Western Australia unless otherwise indicated. Apart from any fair dealing for the purposes of private study, research, criticism or review, as permitted under the provisions of the *Copyright Act 1968*, no part may be reproduced or re-used for any purposes whatsoever without written permission of the State of Western Australia

