



A healthy relationship means I feel like this

- I feel safe. My partner respects me.
- We honestly say what we think.
- I have my own friends. I do things that I want to do.
- I can say “no” for sex.
- My partner and I decide things together.



Maybe your partner does not make you feel good like this. Someone can help you.

Talk to a doctor or nurse or scan the QR code or call the numbers below.

1800RESPECT
1800 737 732

NATIONAL SEXUAL ASSAULT,
DOMESTIC FAMILY VIOLENCE
COUNSELLING SERVICE

1800 007 339

WOMEN'S DOMESTIC
VIOLENCE HELPLINE

1800 000 599

MEN'S DOMESTIC
VIOLENCE HELPLINE

1800 080 083

DV ASSIST
WA COUNTRY
COUNSELLING
HELPLINE

