



**CLINICAL PRACTICE GUIDELINE**

**Enteral Tubes: Nasogastric (NGT)- Adult**

This document should be read in conjunction with the [Disclaimer](#)

See SCGH Nursing Practice Guideline No. 29 [Enteral Tubes](#).

Please note that this guideline is for clinical information only. Information contained in it regarding contacts and paperwork (forms) are not applicable for KEMH.

**KEMH specific information related to pregnancy**

X-ray confirmation of enteral tube position should **not** routinely be performed in pregnancy. X-ray could be considered if there is clinical uncertainty about tube position, with appropriate shielding of the gravid uterus, after considering the risks and benefits to the mother and fetus. The small dose of radiation in a single abdominal film is unlikely to be of harm to the developing fetus outside of the first trimester and the pelvic location of the fetus in the first trimester should make x-ray shielding more feasible.

**KEMH specific information related to ordering feeds**

- See KEMH Allied Health document: [Enteral Feeding Quick Reference Guide](#)

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