# ADULT Medication Monograph

## CLOTRIMAZOLE

This document should be read in conjunction with this [DISCLAIMER](#).

### Antimicrobial Restriction – Unrestricted (Topical)

| Presentation | Cream: 10%  
Solution: 1%  
Vaginal cream: 1% (6 day course)  
Pessary: 100mg (6 day course)  
Pessary: 500mg (1 day course) |
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| **Dose** | **Acute and recurrent Candidiasis**  
1% Vaginal Cream:  
1 applicatorful intravaginally, once daily at bedtime for 6 nights  

10% Vaginal Cream:  
1 applicatorful intravaginally, as a single dose at night  

100mg Vaginal Pessary:  
1 pessary intravaginally, once daily at bedtime for 6 nights  

500mg Vaginal Pessary:  
1 pessary intravaginally, at bedtime once only  

Recurrent Candidiasis relapse prevention  
Clotrimazole 500mg pessary intravaginally, weekly |
| **Pregnancy** | Topical treatment must be used for 12-14 days in pregnancy because of lower response rates and more frequent relapse. |
| **Administration** | In the third trimester of pregnancy extreme caution should be observed when using applicators due to risk of rupturing the membranes.  
KEMH Pharmaceutical & Medicines Management Guideline: [Medication Administration](#) |
| Pregnancy | 1<sup>st</sup> Trimester: Safe to use  
2<sup>nd</sup> Trimester: Safe to use  
3<sup>rd</sup> Trimester: Safe to use  
Use in pregnant patients: Digital insertion of vaginal treatment is preferable to the use of applicator in late pregnancy |
| Breastfeeding | Safe to use |
| Other clinical guidelines | WNHS Policy: Antimicrobial Stewardship  
KEMH Pharmaceutical & Medicines Management Guideline: Medication Administration  
KEMH Pharmaceutical & Medicines Management Guideline: Prescribing by Eligible Private Practicing Midwives with a Scheduled Medicines Endorsement  
KEMH Clinical Guideline: O&G: Sexually Transmitted Infections (STI)  
KEMH Clinical Guideline: O&G: Vaginal Infections: Treatment for Candidiasis  
KEMH Clinical Guideline: O&G: Antenatal Care: Minor Symptoms or Disorders in Pregnancy |