# ADULT

## TERBUTALINE

This document should be read in conjunction with this [DISCLAIMER](#).

| Presentation | Injection: 500microg/mL  
<table>
<thead>
<tr>
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<th>Inhalation (Turbuhaler): 500microg/dose</th>
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</table>
| Dose        | **Tocolysis**  
|             | **Subcutaneous injection:**  
|             | 250 micrograms stat. For external cephalic version (ECV) give dose 30minutes prior to procedure.  
|             | **Symptom relief of asthma and COPD**  
|             | **Dry powder inhalation:**  
|             | 1–3 inhalations (500–1500 micrograms) when required, or 5–15 minutes before exercise. Repeat 3 or 4 times daily as necessary |
| Administration | **Subcutaneous Injection:**  
|             | Inject into the lateral deltoid area  
|             | **Inhalation:**  
|             | Inhale ONE puff by mouth at a time. For full administration instructions, refer to your pharmacist. |
| Pregnancy   | **1st Trimester:** Considered safe to use  
|             | **2nd Trimester:** Considered safe to use  
|             | **3rd Trimester:** Considered safe to use |
| Breastfeeding | Safe to use |
| Monitoring  | Serious Hypokalaemia occur with high doses of beta2 agonists. Maybe worsened by theophyllines, corticosteroids, diuretics and hypoxia. Terbutaline is contraindicated in women with cardiac disease. |
| Clinical guidelines and Policies | [External cephalic version](#)  
|             | [MFAU QRG External cephalic version](#)  
|             | [Patient Information Leaflet: External Cephalic Version](#)  
|             | [Oxytocin infusion](#) |
References


Keywords: Terbutaline, Tocolysis, premature labour, Asthma, bриcanyl, tocolytic, external cephalic version, ECV, cord prolapse

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Standards Applicable: NSQHS Standards:
1 ☑ Clinical Care is Guided by Current Best Practice
4 ☑ Medication Safety

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