Palliative and Supportive Care Education.

Semester One
January - June 2020

Cancer Council WA would like to acknowledge the support of:

Government of Western Australia
Department of Health
WA Cancer and Palliative Care Network
Online Registration

Please note, all workshops are booked online via Eventbrite. Simply enter [https://bit.ly/pasce1](https://bit.ly/pasce1) into your search engine, this will link you to our health professional’s calendar.

Refer to How to Register on page 29.
How to Use.

This booklet outlines PaSCE events to be delivered during the first half of 2020. Flyers for all events will be distributed prior to the advertised date.

The colour coding system assists you to tailor your palliative care education requirements by identifying the appropriate events and workshops.

**Foundations**
Entry Level Palliative Care Education

**Consolidation**
Building Upon Foundation Units or Existing Palliative Care Knowledge

**Extension**
Extending and Expanding Palliative Care Knowledge

**PEPA Workshops**
Program of Experience in the Palliative Approach

**Clinicians Communication Program (CCP)**
Experiential, Facilitated Learning Experience

**Volunteers in Palliative Care**
Palliative Care Volunteer Education

**Video Conference**
Monthly Palliative Care Education Accessed via the Cancer Council WA Telehealth Site

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### Calendar at a Glance

**January - June 2020**

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<th>FEbruary</th>
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<tr>
<td>Prescribing Medicinal Cannabinoids in Palliative Care</td>
<td>Tues 4 February</td>
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<td>Principles of Palliative Care Module 1 - Kalamunda</td>
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<td>Spotlight on Palliative Care Research: A Systematic Review Study about the Experience and Perception of Chinese Immigrants</td>
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<th>March</th>
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<tr>
<td>Emergencies in Palliative Care</td>
<td>Wed 4 March</td>
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<td>Communication for Senior Staff in Aged Care</td>
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<td>Ways of Working with Grief and Loss in Aboriginal Communities</td>
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<th>April</th>
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<tr>
<td>Psychosocial Support in Cancer and Palliative Care for the Patient</td>
<td>Wed 8 April</td>
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<td>Understanding a Palliative Approach</td>
<td>Tues 28 April</td>
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<th>May</th>
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<tbody>
<tr>
<td>Principles of Palliative Care Module 1</td>
<td>Mon 4 May</td>
<td>Foundations</td>
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</table>

Continued on next page
## Goals of Care (GoC): What is this and What Does it Mean for Primary Care?
- **Day and Time:** Wed 6 May
- **Format:** Video conference

## Communication in Aged Care
- **Day and Time:** Tues 12 May
- **Format:** Consolidation

## Tools and Skills for Embedding Palliative Care for Residential Aged Care Providers - A Clinical Focus
- **Day and Time:** Wed 13 May
- **Format:** Consolidation

## Clinicians Communication Program
- **Title:** “Eliciting and Responding to Emotional Cues”
- **Day and Time:** Thur 14 May
- **Format:** Communication

## Nutrition and Hydration in Palliative Care
- **Day and Time:** Mon 25 May
- **Format:** Consolidation

## Clinicians Communication Program
- **Title:** “Eliciting and Responding to Emotional Cues”
- **Day and Time:** Wed 27 May
- **Format:** Communication

### JUNE

#### Palliative Care: A Focus on Depression and Anxiety
- **Day and Time:** Thur 4 June
- **Format:** Consolidation

#### Principles of Palliative Care Module 2
- **Day and Time:** Mon 15 June
- **Format:** Foundations

#### Clinicians Communication Program
- **Title:** “Eliciting and Responding to Emotional Cues”
- **Day and Time:** Tues 23 June
- **Format:** Communication

#### Volunteering in Palliative Care
- **Day and Time:** Thur 25 June
- **Format:** Volunteers

#### Spotlight on Palliative Care Research - Goals of Patient Care and Mindfulness-Based Compassion
- **Day and Time:** Tues 30 June
- **Format:** Video conference

Additional education opportunities will be available throughout the semester. Please refer to our website below to keep updated:

cancerwa.asn.au/articles/calendar/calendar-health-professional-training-seminars-and
Principles of Palliative Care
Entry Level Palliative Care Education

Date
Mon 24 February
Kalamunda Hospital
Elizabeth Street
KALAMUNDA

OR
Mon 4 May
Seminar Room
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Time
Registration 8.15am
8.30am - 4.00pm

Catering
Morning tea and lunch provided

Cost
$95 (inc. GST)

Online Registration
https://bit.ly/pasce1

Designed for
Doctors, Registered Nurses, Enrolled Nurses, Allied Health Professionals, Facility Managers, Pastoral Care Workers, Aboriginal Health Workers

Overview
This workshop is an introduction to palliative care which prides itself on being multi-disciplinary. Module 1 covers areas of practice and improving patient outcomes via a palliative approach.

Learning areas
This module comprises four units:
1. A palliative approach
2. Communication
3. Loss, grief and bereavement
4. Self-care

Presented by
Natalie Panizza
Palliative Care Nurse Practitioner

We recommend completing Module 1 and 2

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Module 1

Module 2

Principles of Palliative Care
Entry Level Palliative Care Education

Date
Mon 23 March
Kalamunda Hospital
Elizabeth Street
KALAMUNDA

OR
Mon 15 June
Seminar Room
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Time
Registration 8.15am
8.30am - 4.00pm

Catering
Morning tea and lunch provided

Cost
$95 (inc. GST)

Online Registration
https://bit.ly/pasce1

Designed for
Doctors, Registered Nurses, Enrolled Nurses, Allied Health Professionals, Facility Managers, Pastoral Care Workers, Aboriginal Health Workers

Overview
Continuing on from Module 1, this workshop focuses on patient care and quality of life. It includes terminal and end of life care.

Learning areas
This module comprises three units:
1. Advance care planning
2. Assessment and symptom management
3. Continuum of Care inclusive of end of life and terminal care

Presented by
Natalie Panizza
Palliative Care Nurse Practitioner

For aged care specific education opportunities see pages 9 - 16
PEPA.
Program of Experience in the Palliative Approach

Palliative Care in Residential Aged Care

Date
Wed 29 January
OR
Tues 3 March

Time
Registration 8.45am
9.00am - 1.30pm

Venue
Seminar Room
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering
Morning tea provided

Cost
Free (funded by PEPA)

Online Registration
eventbrite.com.au/o/
pepa-wa-15457123732

Designed for
Health Care Professionals working in aged care facilities; Registered Nurses, Enrolled Nurses, Facility Managers, Allied Health Professionals and Patient Care Assistants

Overview
Come and join us for an interactive session, utilising group discussion and case studies to provide participants with a greater understanding of palliative care and how it can be implemented within the aged care facilities they work.

Learning areas
1. Palliative approach in aged care
2. Communication skills
3. Advance care planning
4. Symptom recognition and understanding
5. End of life care

Presented by
Ed Gaudoin
Clinical Nurse
Tina Dobrin
Social Worker
Metropolitan Palliative Care Consultancy Service (MPaCCS)
Culture Centred Palliative Care
An Aboriginal Perspective

**Date**
Tues 31 March to Wed 1 April

**Time**
Registration 8.45am 9.00am - 3.30pm

**Venue**
Seminar Room
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

**Catering**
Morning tea and lunch provided

**Cost**
Free (funded by PEPA)

**Online Registration**
eventbrite.com.au/o/pepa-wa-15457123732

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**Designed for**
All Health Professionals working with Aboriginal clients and their families

**Overview**
This two-day workshop is designed for health professionals working with Aboriginal clients to develop their skills in caring for Aboriginal people and their families facing a life limiting-illness and will explore the topic of cultural awareness in palliative care. The workshop will be presented by a variety of Specialists utilising case studies and group discussion.

**Learning areas**
1. Introduction to Aboriginal history and culture
2. An introduction to culturally appropriate palliative care
3. Exploring end of life care for Aboriginal clients and their families
4. Caring for remote Aboriginal clients in Perth
5. Sorry business: loss, grief and bereavement

**Presented by**
Danny Ford
Kambarang Services
Lenny Papertalk and Marilyn Lynford
WA Centre for Rural Health
Palliative Care Education Opportunities for Residential Aged Care Facilities and Staff.

## Individual Palliative Care Opportunities

- Palliative Care for Patient Care Assistants
- Palliative Care in Residential Aged Care
- Communication for Senior Staff in Aged Care
- Communication in Aged Care

## PEPA

- Program of Experience in the Palliative Approach
- PEPA Placements
- Regional PEPA Workshops and Cultural Workshops

## PaSCE

- Palliative and Supportive Care Education - Building Upon PEPA Workshops
- Tools and Skills for Embedding Palliative Care for Residential Aged Care Facilities
- Selected Video Conferences, Pharmacological Video Resources and McLarty Scholarships

## Facility Aged Care Opportunities

- Selected PaSCE Video Conferences Available for Facility Education
- PaSCE Video Resources for Facility Education
- McLarty Scholarship
- Reverse PEPA Placement

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### Communication for Senior Staff in Aged Care

Interactive Communication Skills Workshop Specifically for Aged Care

**Date**

Wed 11 March

**Time**

Registration 8.45am 9.00am - 4.00pm

**Venue**

Seminar Room
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

**Catering**

Morning tea and lunch provided

**Cost**

Free

**Online Registration**

https://bit.ly/pasce1

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### Overview

A safe space to discuss death and dying. This interactive workshop highlights challenges and concerns in discussing death and dying with teams, residents and families. A scenario-based workshop utilising current evidence-based tools.

**Learning areas**

1. Determining the need to have the conversations
2. How to have the conversations
3. Theory behind good communication
4. Why good communication matters

**Presented by**

Grace Buchanan
Communication Facilitator and Palliative and Supportive Care Education Manager
Cancer Council WA
Tina Dobrin
Senior Social Worker
Specialist Palliative Care team
Palliative and Supportive Care Education January - June 2020

Tools and Skills for Embedding Palliative Care for Residential Aged Care Providers - A Clinical Focus

**Date**
Wed 13 May

**Time**
Registration 8.45am 9.00am - 1.00pm

**Venue**
Seminar Room
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

**Catering**
Morning tea provided

**Cost**
Free

**Online Registration**
https://bit.ly/pasce1

**Designed for**
Health Care Professionals working in aged care facilities; Doctors, Facility Managers, Senior Registered Nurses and Registered Nurses responsible for family meetings

**Overview**
Residential aged care services face particular difficulties in palliative care, because permanent residents often have dementia and/or communication difficulties and complex care needs (AIHW 2018). In addition, there is a high burden of chronic disease and comorbidity in the residential aged care population (Hillen, Vitry & Caughey 2017).

**Learning areas**
1. Discussion to identify tools to embed a palliative approach within your facility
2. Expand upon foundational palliative care education for residential aged care
3. Outline available resources and services

**Presented by**
Claire Doyle
Palliative Care Nurse Practitioner

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Communication in Aged Care
Interactive Communication Skills Workshop Specifically for Aged Care Staff

**Date**
Tues 12 May

**Time**
Registration 8.45am 9.00am - 4.00pm

**Venue**
Seminar Room
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

**Catering**
Morning tea and lunch provided

**Cost**
Free

**Online Registration**
https://bit.ly/pasce1

**Designed for**
Registered Nurses, Enrolled Nurses, Patient Care Assistants, Assistants in Nursing, Allied Health Professionals

**Overview**
Would you be surprised if your patient died within the next six months?... How do I have the conversations?

**Learning areas**
1. Determining the need to have the conversations
2. How to have the conversations
3. Theory behind good communication
4. Why good communication matters

**Presented by**
Grace Buchanan
Communication Facilitator and Palliative and Supportive Care Education Manager
Cancer Council WA
Tina Dobrin
Senior Social Worker
Specialist Palliative Care team
Residential Aged Care Excellence in Palliative Care (RACEPC) Program.

Do you want to develop palliative care excellence within your residential aged care facility?

The RACEPC Program has been developed in recognition of a need to embed a person-centred palliative care approach. The education aims to support residential aged care staff to develop a person-centred palliative care approach to the care of your clients.

Based on a two day face-to-face workshop RACEPC offers mentoring, embedding support and ongoing education to upskill your team's palliative care skills, knowledge and confidence to provide your resident's palliative care to meet the National Standards.

Overview

- The workshop will support the recognition of the integral part a palliative approach plays in residential aged care.
- Understanding the guiding principles of residential aged care National Standards.
- Supporting and developing a multi-disciplinary palliative care link team to provide best care for residents and support to family and carers through open, compassionate communication.
- Understand the opportunity advance care planning provides to support client wishes through provision of their individualised palliative approach with optimal quality of life.
- Discuss and facilitate a collaborative network of community and computer based palliative care resources to underpin the provision of best care.
- The use of tools to identify clients that would benefit from a palliative approach, toward recognition of the terminal phase and excellence in end of life care.
- Drawing the messages together to recognise triggers in the client's changing condition and the transition toward the development of optimal palliative care.

To register your interest for the RACEPC Program contact PaSCE on 08 9382 9300 or email pasce@cancerwa.asn.au.

Nutrition and Hydration in Palliative Care

Date
Mon 25 May

Time
Registration 8.45am
9.00am - 1.00pm

Venue
Seminar Room
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering
Morning tea provided

Cost
$65 (inc. GST)

Online Registration
https://bit.ly/pasce1

Designed for
Doctors, Registered Nurses, Enrolled Nurses, Facility Managers, Allied Health Professionals, Aboriginal Health Workers

Overview
This interactive workshop aims to look at the practical management associated with nutrition and hydration in palliative care.

Learning areas
1. A palliative approach and phases of palliative care
2. The nutritional management at each phase
3. Practical management of nutritional needs
4. Advance care planning

Presented by
Sally Coppock
Clinical Nurse

Nicole Torre
Speech Pathologist
## Palliative Care: A Focus on Depression and Anxiety

### Designed for
Doctors, Registered Nurses, Enrolled Nurses, Allied Health Professionals, Pastoral Care Workers, Facility Managers, Aboriginal Health Workers, Counsellors

### Overview
An important component of palliative care is addressing and responding effectively to psychological distress. In this session, we focus on the psychosocial care of depression and anxiety.

### Learning areas
1. An overview of depression and anxiety in palliative care
2. Recognising depression and anxiety in your patient
3. Understanding the similarities and differences of the disorders
4. Identifying non-pharmacological management and strategies for each of the disorders

### Presented by
Karen Anderson
Psychotherapist, Counsellor and Lecturer

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### Date
Thur 4 June

### Time
Registration 8.45am
9.00am - 11.00am

### Venue
*Seminar Room*
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

### Cost
Free

### Online Registration
https://bit.ly/pasce1
Emergencies in Palliative Care

**Date**
Wed 4 March

**Time**
Registration 2.00pm
2.15pm - 4.00pm

**Venue**
Seminar Room
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

**Cost**
Free

**Online Registration**
https://bit.ly/pasce1

**Overview**
Join us for an opportunity to hear the latest news and updates from our WA Cancer and Palliative Care Network.

**Presented by**
WA Cancer and Palliative Care Network
Policy Unit, Health Networks
Clinical Leadership and Reform
Clinical Excellence Division
WA Department of Health

Ways of Working with Grief and Loss in Aboriginal Communities

**Date**
Thur 19 March

**Time**
Registration 8.45am
9.00am - 4.00pm

**Venue**
Seminar Room
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

**Cost**
$95 (inc. GST)

**Online Registration**
https://bit.ly/pasce1

**Overview**
Health professionals who are working with Aboriginal patients with a life limiting-illness strive for culturally safe care.

Being able to support Aboriginal people dealing with grief, loss and trauma requires an understanding of these issues as experienced by Aboriginal individuals, families and communities. This one-day workshop is informed by the latest research and best-practice, and provides opportunities for participants to consider relevant cases or issues they’ve encountered.

**Learning areas**
1. Identifying and describing grief, loss and trauma
2. Understanding the relevance of current grief and loss theory to the cultural, social and emotional wellbeing of Aboriginal community members
3. Discussing the applications of grief and loss supports for Aboriginal community members
4. Exploring the role of the health professionals in providing appropriate support

**Presented by**
Angela Ryder
Manager of Aboriginal Programs
Lauren Breen
Registered Psychologist, Fellow of Thanatology
CLINICIANS COMMUNICATION PROGRAM (CCP).
Experiential, Facilitated Learning Experience

Communication Workshop
Clinicians Communication Program (CCP)
“Eliciting and Responding to Emotional Cues”

Designed for
Doctors, Registered Nurses, Enrolled Nurses, Allied Health Professionals

Overview
Undertaking CCP skills training can:
• Enhance your communication skills and improve your resilience
• Allow you to discuss difficult issues more effectively with patients, their families and friends
• Improve patient understanding and satisfaction, facilitating shorter consultation times

This training involves experiential scenarios with a simulated patient (actor) so you can practise and receive feedback on your skills in a safe learning environment.

This experiential, interactive workshop is facilitated by trained CCP facilitators and simulated patients.

Maximum class size
Eight participants per session

2020 Dates
FEBRUARY
Wed 12
MARCH
Thur 12
APRIL
Tues 28
MAY
Thur 14
OR
Wed 27
JUNE
Tues 23

Time
Registration 8.15am
8.30am - 1.00pm

Venue
Seminar Room
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

Catering
Morning tea provided

Cost
$100 (inc. GST)

Online Registration
https://bit.ly/pasce1
Volunteering in Palliative Care
Volunteers Working in a Palliative Care Setting

**Date**
Wed 25 March
OR
Thur 25 June

**Time**
Registration 9.00am
9.15am - 2.30pm

**Venue**
*Seminar Room*
Cancer Council WA
15 Bedbrook Place
SHENTON PARK

**Catering**
Morning tea and lunch provided

**Cost**
Free

**Online Registration**
https://bit.ly/pasce1

**Requirement**
Volunteers must be already working in a palliative care setting

**Overview**
This event will provide volunteers with knowledge and understanding of palliative care.

**Learning areas**
1. A palliative approach
2. The volunteer’s role in palliative care
3. Boundaries and being part of the team
4. Communication skills
5. Loss, grief and bereavement
6. Self-care

**Presented by**
Grace Buchanan
Palliative and Supportive Care Education Manager
Cancer Council WA
## Video Conference
### Palliative Care Education for Health Professionals

**Overview**

These sessions will be presented by current practicing clinicians and researchers. Each session is designed for different audiences.

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<tr>
<th>Date and Time</th>
<th>Title</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>Tues 4 February 7.15am - 8.15am</td>
<td>Prescribing Medicinal Cannabinoids in Palliative Care - an Update for Health Professionals</td>
<td>Penelope Tuffin Advanced Practice Pharmacist Palliative Care and Pain Management</td>
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<tr>
<td>Thur 13 February 2.00pm - 3.00pm</td>
<td>Update and Q&amp;A with PCOC</td>
<td>Tanya Pidgeon and Natalie Joseph Quality Improvement Facilitators</td>
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<td>Thur 27 February 2.00pm - 3.00pm</td>
<td>Spotlight on Palliative Care Research: A Systematic Review Study about the Experience and Perception of Chinese Immigrants</td>
<td>Ruth Wei Lecturer, Nursing</td>
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<tr>
<td>Wed 8 April 2.00pm - 3.00pm</td>
<td>Psychosocial Support in Cancer and Palliative Care for the Patient</td>
<td>James Penhale Clinical Psychologist</td>
</tr>
<tr>
<td>Tues 28 April 1.00pm - 3.00pm</td>
<td>Understanding a Palliative Approach</td>
<td>John Robinson Clinical Nurse Consultant, Palliative Care</td>
</tr>
<tr>
<td>Wed 6 May 7.15am - 8.15am</td>
<td>Goals of Care (GoC): What is this and What Does it Mean for Primary Care?</td>
<td>Dr Jacquie Garton-Smith Hospital Liaison GP and Clinical Lead for Primary Care Integration</td>
</tr>
<tr>
<td>Tues 30 June 2.00pm - 3.00pm</td>
<td>Spotlight on Palliative Care Research - Goals of Patient Care and Mindfulness-Based Compassion</td>
<td>Kaaren Watts Behavioural Scientist</td>
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</table>
Video Conference
Palliative Care Education delivered via CCWA Telehealth

**Online registration**
Please note all workshops are booked online via Eventbrite. Participants can register either as a [Registered Site](#) or [Individual](#).

A [Registered Site](#) is a group of individuals attending the video conference (VC) together through one meeting ID, managed by one main contact person. An attendance sheet is compulsory from individuals attending. Registering as an [Individual](#) is as one person per device (one meeting ID).

Simply enter [https://bit.ly/pasce1](https://bit.ly/pasce1) into your search engine, this will link you to our health professional’s calendar.

**Registration process**
Individual or site registration is a requirement of attendance.

Prior to the VC, a [meeting ID](#) to access the VC will be shared with the registered individual or site and the evaluation, handouts or any pre-reading will be emailed to the Registered Site or Individual.

The site will share all accompanying documentation with interested participants. On completion of the VC the Registered Site must:
1. Return completed attendance sheet.
2. Ensure each participant submits an evaluation.

**Access options**
Device requirements: speaker, microphone and camera.
*Please note instructions are sent with meeting ID number after registration.*

1. Within the Department of Health, access is via the Telehealth sites.
2. On your PC or laptop install the SCOPiA Desktop Client.
3. Scopia Mobile is available for both Android and Apple products for use on an iPad or tablet.

**Evaluation process**
Every participant is invited to complete an evaluation form. Evaluations can be submitted through these three options:
1. Online via Survey Monkey.
2. Email electronically completed PDF.
3. Email scanned copy of completed evaluation.

**Enquiries**
Email [pasce@cancerwa.asn.au](mailto:pasce@cancerwa.asn.au) or phone 08 9382 9300.

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**How to Register.**
Registration is essential for all education workshops
To register online:
- Enter [https://bit.ly/pasce1](https://bit.ly/pasce1) into your search engine. This will direct you to the Cancer Council WA health professional’s education calendar.
- Scroll down until you find the course you are interested in and click on the title of your chosen course.
- Scroll down to the online registration link.
- You will then be able to register for the event via the PaSCE Eventbrite page.
- Alternatively, via an electronic copy of the course booklet or flyer, click on the course date or Eventbrite link, this will link you directly to the registration page.
- Participants will be notified of any changes or updates.

**Reschedule/cancellation policy**
It may at times be necessary to reschedule or cancel advertised workshops. In the event that a workshop is cancelled, all enrolled participants will be notified and a full refund offered. Alternatively, participants will be offered a place in the next available workshop.

Cancellation of registration by participants is accepted until one business day prior to the workshop. A substitute participant can be sent in your place at any time, however, PaSCE administration must be advised of this change. If you are unable to attend on the day, please contact us on 08 9382 9300 or [pasce@cancerwa.asn.au](mailto:pasce@cancerwa.asn.au).

PaSCE will be charging a non-attendance fee for all events where there has been no notice of cancellation prior to the event. The fee will be the cost of the event or $20 per person for free events.

**Other information**
- Events will commence at the stated starting time, so please arrive 15 minutes prior.
- Certificate of Attendance will be issued on the day stating the hours of continuing professional development completed.
- If you have any specific dietary requirements/allergies please inform us at time of registration.

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Palliative and Supportive Care Education January - June 2020 | 29
Do you or your staff care for people who are at end of life?
The Program of Experience in the Palliative Approach (PEPA) is an education program designed to improve the quality, availability and access to Palliative Care for people who are dying and their families, by improving the skills and expertise of health practitioners and enhancing collaboration between service providers.

PEPA offers two to four day supervised clinical placements within a specialist palliative care service (inpatient and community settings). Participation in this program aims to enhance the health professional’s knowledge and skills in the palliative approach to care and increase their awareness of palliative care resources and services available within WA.

Placements are available for primary care providers employed in health, aged or community care services (General Practitioners, Nurses, Nursing Assistants, Aboriginal Health Workers and Allied Health Professionals). Applications are welcome from professionals in regional and remote locations across WA and self-employed medical practitioners. Placements can be planned in metropolitan or regional WA.

Reverse PEPA placements are available for aged care regional and remote health settings across WA. Reverse PEPA placements entail a specialist palliative care staff member travelling to your facility to spend between two to four days at your facility. Placements can involve the palliative care staff member providing palliative care education sessions, mentoring, assessments and interventions (medical, physical, psychosocial, spiritual etc.), medication reviews, procedures and policy documentation, referral processes etc.

Fees
There is no fee for a placement attendance. PEPA is funded by the Australian Government Department of Health. Financial assistance for travel and accommodation is provided for regional health professionals. Reimbursement towards backfill is available for your employer for attendance at placements.

Maximum funding amounts and eligibility requirements apply. Continuing professional development points are allocated to this program from RCNA, RACGP, ACRRM and APHRA.

PEPA provides tailored Palliative Approach workshops for a variety of target groups around WA. Regional workshops are also available across the state. If your health service would like education delivered please contact the PEPA Coordinator (details below).

- Palliative Approach for Aboriginal Health Workers
- Palliative Approach for Allied Health Professionals
- Palliative Approach for Patient Care Assistants and Nurses
- Palliative Approach for Residential Aged Care
- Cultural Awareness in the Palliative Approach

CONTACT
WA PEPA Coordinator
Phone: 08 9382 9372
Fax: 08 9212 4334
Email: pepa@cancerwa.asn.au
pepaeducation.com
The Palliative and Supportive Care Education (PaSCE) team is proud to offer this educational video resource. The video is made for health professionals working with Aboriginal people, especially those originating from the West Kimberley region.

The ladies from the Yiriman Project wanted to be involved in this health professional resource and share their cultural beliefs and what is important to them around end of life care.

The Yiriman Project vision is...

“We are strong as four language groups working together, keeping our culture and languages alive. We are proud to be a voice for our people. Through the Yiriman Project we are building stories in our young people.”

This resource is for educational purposes only. It may contain images, works and descriptions that could be culturally sensitive and which might not normally be used in public and community contexts.

Cancer Council WA, Palliative and Supportive Care Education team wishes to thank everyone who contributed to this resource.

Cancer Council WA acknowledges the Yawuru people as the Traditional Custodians of the land where this resource was filmed. We would also like to pay respect to the elders past, present and emerging and offer our acknowledgement and respect to other Aboriginal and Torres Strait Islander people who were involved in the development of this resource.

This video resource can be accessed at cancerwa.asn.au/professionals/pasce/pasce-video-resources.

To find out more about this resource, please contact jess.park@cancerwa.asn.au or pasce@cancerwa.asn.au.

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**Video Resource**

**Culturally Appropriate Palliative Care in the West Kimberley.**

A PaSCE collaboration with the Yiriman Project

**Video Resource**

**Pharmacological Interventions for Palliative Care Symptoms.**

A series of six

**Topics**

1. Medications at end of life
2. Pain management in palliative care
3. Nausea and vomiting in palliative care
4. Dyspnoea in palliative care
5. Delirium in palliative care
6. Constipation in palliative care

To view these videos, a form must be submitted. This can be accessed via our website https://bit.ly/PasceSymptom.

For further information contact jess.park@cancerwa.asn.au.

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**Opioid Conversion video.**

To access the Opioid Conversion video, the preferred resource for use in Western Australia, the resource order form must be completed. This training video must be viewed before ordering the Opioid Conversion lanyard and teaching guide.

To view this video, a form must be submitted. This can be accessed via our website https://bit.ly/PasceOpioid.

For further information contact cathy.english@cancerwa.asn.au.

Disclaimer: content is correct at time of filming. All rights reserved by Penelope Tuffin and Cancer Council Western Australia.
McLarty Palliative Care Scholarships

Are you a Registered Nurse or Allied Health Professional currently working in palliative care?

Are you interested in undertaking postgraduate study towards a palliative care qualification?

If so - Cancer Council WA invites you to apply for a McLarty Palliative Care Scholarship. McLarty Palliative Care Scholarships are awarded to Nurses and Allied Health Professionals who seek to improve their knowledge, skills and clinical practice in palliative care through the completion of a Postgraduate Certificate, Postgraduate Diploma or Masters of Palliative Care.

Eligibility criteria
All applicants must be:

• A Registered Nurse or Allied Health Professional employed in WA.
• An Australian citizen or have permanent residency status at the time of application.
• Enrolling or enrolled in a course that leads to an accredited tertiary qualification with a palliative care focus.
• Willing to submit a report following the scholarship and participate in scholarship evaluation.
• Able to submit the completed application form and enclose copies of relevant documentation.

For further information and to download the McLarty Scholarship guidelines and application form visit:
cancerwa.asn.au/professionals/cancercouncilwascholarships

NO CLOSING DATE
Applications accepted throughout the year.
Email applications to mclartyscholarship@cancerwa.asn.au or call 08 9382 9365.

Palliative Care Quality Improvement (PCQI) Scholarship

What is the PCQI Scholarship?
The PCQI Scholarship, funded through the McLarty Bequest, offers specialist palliative care service providers an opportunity to facilitate the implementation and evaluation of a quality improvement initiative within their workplace. The scholarship provides funding for travel and accommodation costs to be used to enhance a current or proposed quality improvement initiative. It will enable the recipients to collaborate and meet with other palliative care providers that may already have a program, process or project that is already embedded within their workplace. The scholarship will only fund travel opportunities within Australia.

Who can apply for the scholarship?
A team or an individual working in a specialist palliative care service within WA (service must be Level 1, 2 or 3 as per Australian Palliative Care Standards). The applicant must have evidence of an identified or developed workplace quality improvement project that is supported by their employer. Applications are also encouraged from palliative care services in regional and remote locations across WA.

For further information and to download the PCQI Scholarship guidelines and application form please visit:
cancerwa.asn.au/professionals/cancercouncilwascholarships

Applications open from Monday 24 February 2020 and close on Friday 3 April 2020. Applications can be sent to emily.allen@cancerwa.asn.au or pasce@cancerwa.asn.au or call 08 9382 9365.
Interprofessional Spiritual Care Education Curriculum (ISPEC).

Expression of interest

The Interprofessional Spiritual Care Education Curriculum (ISPEC) is a theoretically and research-grounded curriculum for teaching interprofessional spiritual care. This curriculum forms the basis of a train-the-trainer program that is being provided by Cancer Council WA in collaboration with the George Washington Institute for Spirituality and Health Foundation (GWish) at the George Washington University. The program will be facilitated by Dr Christina Puchalski and co-facilitated with other experts in the field. Dr Puchalski is a pioneer and international leader of spirituality integration into health care in clinical settings and medical education. As Founder and Director of the and Professor of Medicine at The George Washington University in Washington, DC, she continues to break new ground in the understanding and integration of spiritual care in health care.

Main ISPEC course objectives include:

• Review and implementation of spiritual guidelines.
• Defining spiritual distress in adults and children and distinguish the difference between spiritual distress and other types of distress.
• Recognising skills for practising compassionate presence.
• Identifying communication strategies for eliciting spiritual issues.
• Developing a whole person assessment and treatment or care plan.
• Recognising clinician’s spiritually as an integral component of professional development.

Who can apply for ISPEC?

Doctors, Nurses, Social Workers, Psychologists, Chaplains and other health professionals working in palliative care. This program is designed for interprofessional pairs of clinicians although, individuals will be considered.

The program

A two-day workshop followed by completion of six online modules over 12 months with the support of ISPEC facilitators. Dates to be determined for the end of 2020.

To register your interest or get more information email emily.allen@cancerwa.asn.au or pasce@cancerwa.asn.au or phone 08 9382 9365.

The Australian Centre for Grief and Bereavement invites you to attend the 12th International Conference on Grief and Bereavement in Contemporary Society, to be held at the Melbourne Convention and Exhibition Centre from 13 – 17 July, 2020. Every three years, the International Conference on Grief and Bereavement in Contemporary Society meets in order to foster international and multi-disciplinary collaboration in research and clinical practice, across cultural and geographical boundaries, in order to enhance grief and bereavement care.

This conference will bring together over 600 delegates from around the world to learn from leading researchers and practitioners by engaging in interactive workshops, world-class keynote lectures and exciting symposia to network with colleagues in the grief and bereavement fields.

Opportunities for professional development will be available to Counsellors, Social Workers, Psychologists, Palliative Care Practitioners, Pastoral Care and Chaplaincy, Funeral Directors and Celebrants, in order to enhance their professional skills. This conference provides the opportunity to network with like-minded professionals within the field and to share your knowledge and practice via the program.

Important dates

• Early Bird registrations end 17 January 2020 at 5PM AEDT (Register five employees before 17 January and save $1000)
• Abstract submission deadline 31 December 2019 at 5PM AEDT
• Registrations close 30 June 2020 at 5PM AEDT

For further information or to register your interest visit icgb2020.com, email conference@grief.org.au or call 03 9265 2100.
In 2016, 158,504 Australians died. On average each death leaves in its wake five bereaved people. Most bereaved people, with the support of family, friends and their community, cope with this loss, however for around six percent of the bereaved their grief is chronic and disabling. Research indicates that these individuals benefit from more specialist bereavement care.

The Australian Centre for Grief and Bereavement (ACGB) is an independent, not-for-profit organisation which opened in January 1996. As the largest provider of grief and bereavement education in Australia, ACGB has been providing support for bereaved and grieving Australians for over 22 years.

Registered as a public benevolent institution, ACGB receives operational funding through the Palliative Care Program of the Victorian Department of Health.

Its mission is to build the capacity of individuals, organisations and communities in order to enhance wellbeing following adverse life events. We know from the many hundreds of people that have participated in our programs, that these services have made a lasting difference on their lives and their experience of loss.

### Upcoming Workshops in Perth

<table>
<thead>
<tr>
<th>Date and Time</th>
<th>Title</th>
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<tr>
<td>Thur 20 February</td>
<td>Supporting Children and Adolescents Experiencing Grief and Loss</td>
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<tr>
<td>9.30am - 4.30pm</td>
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<tr>
<td>Fri 1 May</td>
<td>Supporting Those Before and After Experiencing a Death</td>
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<tr>
<td>9.30am - 4.30pm</td>
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<tr>
<td>Fri 12 June</td>
<td>Effective Brief Contact in a Single Session</td>
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<td>9.30am - 4.30pm</td>
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### Information and Online Registration

Visit [www.grief.org.au](http://www.grief.org.au)

Enquiries

education@grief.org.au

Watch our video to learn who we are and what we do [yt.be/15ALm3y9Vvl](https://youtu.be/15ALm3y9Vvl)

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**10775NAT Graduate Certificate in Bereavement Counselling and Intervention in Western Australia (NEW intake)**

**Graduate study is an investment in your future**

The 10775NAT Graduate Certificate in Bereavement Counselling and Intervention (GCBCI) is a highly sought-after qualification that will give health practitioners theoretical and clinical skills to support patients and clients with both normative and complicated grief reactions.

The ACGB is proud to announce its partnership with Cancer Council WA to deliver the 10775NAT Graduate Certificate in Bereavement Counselling and Intervention (GCBCI) for the first time in Western Australia from 2020.

“We are very pleased to be able to work with Cancer Council WA and look forward to offering our Graduate Certificate in Bereavement Counselling and Intervention (for the first time) to Western Australia-based students”

Donna Plavljanic Manager - Education and Health Promotion.

**Make your next career move**

Whether you’re changing direction or gaining that competitive edge, our leading-class research and graduate certificate program offers a professionally relevant education. Our graduates develop strong connections with community and industry that open the door to an outstanding future.

This course can help open doors to a wide array of employment opportunities in various environments including schools, hospitals, palliative care services, the corporate sector and community health settings.

**Express your interest today**

If you’re considering studies at the ACGB, we’d love to hear from you online: courses@grief.org.au or call us on 1800 642 066

The Australian Centre for Grief and Bereavement is a Registered Training Organisation (RTO 22004)
What is CareSearch?
CareSearch provides palliative care information and resources for across the life course, across the system, and across the community. Our coverage across the life course is further strengthened via our palliAGED website providing evidence-based information and guidance in palliative care for older people.

What you will find?
Clinical evidence
The latest evidence, implications for practice, and current gaps in research evidence across 15 common symptoms in palliative care. Each topic includes key points on prevalence, assessment and treatment.

Tailored information
Reflecting the different roles in palliative care, you will find practical guidance for health professionals on patient assessment and management, and information for patients and their carers on palliative care and preparing for end of life. Find information for:
- GPs
- Nurses
- Allied health professionals
- Providing culturally safe palliative care for Aboriginal and Torres Strait Islanders
- Patient, carers and families
- Researchers

Finding evidence
Guidance on finding and using evidence as well as curated collections of systematic reviews and grey literature in palliative care.

Education options
Up-to-date listing of education and continuing professional development opportunities including resources to support teaching and learning activities.

For more information visit caresearch.com.au or email us at caresearch@flinders.edu.au.

CareSearch is funded by the Australian Government Department of Health.

What is palliAGED?
PalliAGED is an online, evidence-based guidance and practice resource for health professionals working in aged care. PalliAGED incorporates and updates the evidence-based information previously contained in the Guidelines for a Palliative Approach in Residential Aged Care (APRAC) and the Guidelines for a Palliative Approach For Aged Care in the Community Setting (COMPAC).

Managed by CareSearch, palliAGED supports health professionals to provide best practice palliative care for older Australians. It brings together in one source the evidence from research, information on the context of care, and practical guidance and tools.

What you will find?
Evidence Centre
Evidence on 35+ palliative care related topics, with each including a summary, quality statement and research gaps. Guidance on finding and using evidence is also included.

Practice Centre
Guidance, tools and resources for providing palliative care in aged care. Includes evidence-based pointers on what you can do and learn as a health professional; what your organisation can do; and links to the Evidence Centre. Also includes managing symptoms and medicines, education options and apps for Nurses and GPs.

Information for GPs
Tailored resources and tools to support clinical decision-making and in managing care in different aged care settings.

Practice tip sheets for Nurses and Careworkers
Practical resources that can be used for independent learning or team training. Each sheet covers 37 commonly encountered issues, including self-care and signs of imminent death.

Australian context
Overview of our aged care system, including updates on policy directions, services, consumer focused care and the Royal Commission into Aged Care Quality and Safety.

For the community
Practical pointers to help older persons in aged care and their families/carers proactively plan for end of life.

For more information visit palliAGED.com.au or email us at palliaged@flinders.edu.au.

PalliAGED is funded by the Australian Government Department of Health.
Improve your confidence and care at the end of patients’ lives

The End-of-Life Essentials team at Flinders University have ten free online learning modules to assist health professionals to increase their confidence in end of life care for patients.

Kindness, respect and interest in a patient’s life story are important factors in end of life care and can make a huge difference by giving patients and their families the chance to talk and prepare for the end of their lives.

The End-of-Life Essentials project places an emphasis on the importance of health professionals recognising when end of life care could play a role, potentially years before the patient’s death, and offers patients knowledge and choice at the end of their life.

No matter how skilled or inexperienced, there is the opportunity for staff to grow and learn more with self-reflection provided in each module.

The project also has a downloadable toolkit with a range of resources to assist with implementation of positive changes to improve the quality of end of life care at work.

For more information visit endoflifeessentials.com.au or email eolessentials@flinders.edu.au.

PCOC
palliative care outcomes collaboration

What is it?

Palliative Care Outcomes Collaboration (PCOC) is a national project funded by the Federal Government designed to improve outcomes for patients with life-limiting illness and their families across Australia. Established in 2005, PCOC is recognised as one of the leading international programs using patient reported outcomes to drive quality improvement in palliative care.

How does it work?

• PCOC uses a suite of clinical assessment tools to support clinicians to regularly assess and record symptoms that are important to patients and their families. Clinicians use the scores from these assessments to guide and evaluate the current plan of care. Routine assessment ensures that patients and their families’ current needs are addressed and future needs anticipated and planned for.

• PCOC can then provide data and information, which enables services to analyse and guide quality improvement activities.

• Free online educational resources about PCOC are available on the website. Regular training workshops on the use of PCOC are offered for clinical leaders from all health professional disciplines.

For more information, visit the website ahsri.uow.edu.au/pcoc/index.html or contact the PCOC Improvement Facilitators for WA.

Tanya Pidgeon
E: tanya.pidgeon@uwa.edu.au

Natalie Joseph
E: natalie.joseph@uwa.edu.au

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Tanya Pidgeon
E: tanya.pidgeon@uwa.edu.au

Natalie Joseph
E: natalie.joseph@uwa.edu.au
The Advance Project™: Specifically designed to support Australian GPs, General Practice Nurses and Practice Managers

The Advance Project™ is a free training program for GPs, General Practice Nurses and Practice Managers, to support a team-based approach to initiating advance care planning and palliative care in general practice. The project is led by HammondCare in collaboration with CareSearch and various health organisations and universities, and is funded by the Australian Government Department of Health.

The training program comprises:

• A practical evidence-based toolkit of resources for GPs, Nurses, Practice Managers, Patients and Carers.
• Online training modules individually tailored to the different roles and learning needs of GPs, Nurses and Practice Managers.
• Tele-mentoring from an experienced Palliative Care Nurse.
• Support for implementing the resources into clinical practice.
• Face-to-face training sessions (at selected locations in WA) currently being delivered by WA Primary Health Alliance (WAPHA).

The online training program is endorsed or accredited by the Australian Primary Health Care Nurses Association (APNA), the Royal Australian College of General Practitioners (RACGP), the Australian College of Rural and Remote Medicine (ACRRM) and the Australian Association of Practice Management (AAPM). The training counts towards your professions’ Continuing Professional Development (CPD) requirements.

To register for online training and resources visit The Advance Project™ website - www.theadvanceproject.com.au.

For more information email AdvanceProject@hammond.com.au.

For information about the face-to-face training sessions in WA please contact WA Primary Health Alliance

Email: Roseanne.Adamson@wapha.org.au

Telephone: 08 6278 7962

Mobile: 0428 636 753

Palliative Care WA (PCWA) is the peak body for the palliative care sector across the state

Have you heard about our advance care planning workshops?

PCWA has a range of presentations and interactive workshops on advance care planning. We can come to your workplace or community and cover topics such as:

• What is advance care planning?
• How to have a conversation about death and dying with your family, loved ones and health care providers.
• Exploring your values and preferences for end of life care.
• What is palliative care and when should it be offered?
• Up-to-date information on organ and tissue donation in WA.
• What are the health and lifestyle choices you can make at the end of life?

To learn more about advance care planning go to youonlydineonce.com.au. To find out more about our workshops go to palliativecarewa.asn.au or contact us on info@palliativecarewa.asn.au.

Are you a member?

Our members are our strongest asset. A committed and diverse membership base is vitally important to ensuring we have a strong, independent and collective voice to advocate for sector development and improvements in access to quality palliative care for all Western Australians.

As a member you receive:

• Regular e-newsletters with sector developments, events and other news.
• Networking opportunities at PCWA events.
• Free access to our forums
• Opportunities to submit content for consideration in our publications and website and present at events.
• Opportunities to join sector-wide working groups, committees and other collaborations.
• Access to resources and news updates from Palliative Care Australia and other allied organisations.

To join or find out more about membership please go to palliativecarewa.asn.au.
Information

Cancer Council Western Australia
cancerwa.asn.au

WA Cancer and Palliative Care Network
ww2.health.wa.gov.au/Articles/U_Z/WA-Cancer-and-Palliative-Care-Network

Department of Health WA; Advance health directives
ww2.health.wa.gov.au/Articles/A_E/All-about-Advance-Health-Directives

Advance Care Planning
advancecareplanning.org.au

Palliative Care WA
palliativecarewa.asn.au

Office of the Public Advocate
publicadvocate.wa.gov.au

Palliative Care Australia
palliativecare.org.au

National Rural Health Alliance Inc.
ruralhealth.org.au

Carers Australia
carersaustralia.com.au

Cancer Australia - Funded by the Australian Government
canceraustralia.gov.au

Guidelines for a Palliative Approach in Community Aged Care
health.gov.au/palliativecare

Guidelines for a Palliative Approach in Residential Aged Care
health.gov.au/palliativecare

Start2talk
dementia.org.au/planning-ahead

dementia.org.au/planning-ahead/health-professionals

My values
myvalues.org.au

Dying to talk
dyingtotalk.org.au

PCOC - Clinical Assessment and response

Advance Care Planning Resources - Health Professionals
cancerwa.asn.au/resources/2018-10-10-PaSCE-ACP-Resources-Health-Professionals.pdf

Advance Care Planning Resources - Patients
cancerwa.asn.au/resources/2018-10-10-PaSCE-ACP-Resources-Patients.pdf

Education

Palliative and Supportive Care Education (PaSCE)
cancerwa.asn.au/professionals/pasce

Online event registration: https://bit.ly/pasce1

CareSearch - Palliative care knowledge network
caresearch.com.au

Therapeutic Guidelines, Palliative Care, Version 4, 2016
‘Independent evaluation of the evidence’
tg.org.au

End-of-Life Essentials
doflifeessentials.com.au

PCC4U - Palliative Care Curriculum for Undergraduates
www.pcc4u.org

Centre for Palliative Care
www.centreforpallcare.org/page/95/professional-development

Australian Centre for Grief and Bereavement
grief.org.au

Advance Care Planning
advancecareplanning.org.au/resources/education-and-training

Advance care planning for nurses in general practice

Cancer Australia
Cancer Learning is a portal of educational modules. It is self-directed learning packages for health professionals working in cancer care. Open to students and consumers.
cancerlearning.gov.au

EdCan - national cancer nursing education project
EdCan is online modules and resources, providing support and knowledge for all cancer nurses regardless of experience or setting.
edcan.org.au

PCOC - Palliative Care Outcomes Collaboration
ahsri.uow.edu.au/pcc4u/4clinicians/essentials-course/index.html

ELDAC End of Life Direction for Aged Care
The ELDAC project aims to improve the care of older Australians - for all HP in Aged Care
www.eldac.com.au

Australian Indigenous HealthInfoNet
Supporting Aboriginal and Torres Trait Islander People at the end of life Health Infonet.
healthinfonet.ecu.edu.au/learn/health-system/palliative-care
Getting to Cancer Council WA Seminar Room.

Cancer Council WA
Milroy Lodge - Shenton Park

Accommodation for country cancer patients
Phone: 08 9382 9333
Fax: 08 9382 9330
We’re your compass through cancer.

We’re here to help everyone affected by cancer by connecting you with a range of support services.

Call our Cancer Nurses on 13 11 20

Cancer Council Western Australia

Palliative and Supportive Care Education
Level 1, 420 Bagot Road, Subiaco
Phone: 08 9382 9300
Fax: 08 9212 4334
Email: pasce@cancerwa.asn.au
cancerwa.asn.au/professionals/pasce