



NEONATAL MEDICATION GUIDELINE					
Clonazepam					
Scope (Staff): Nursing, Medical and Pharmacy Staff					
Scope (Area):	KEMH NICU, PCH NICU, NETS WA				
This document should be read in conjunction with the Disclaimer.					

# **Quick Links**

Dose Preparation & Side Effects & Monitoring Administration

#### Restrictions

Formulary: Highly Restricted

Requires Neurologist or Neonatologist approval before commencing

# HIGH RISK Medication 1

# **Description**

Benzodiazepine

#### **Presentation**

Ampoule: 1mg/mL

**Oral Drops:** 2.5mg/mL (1 drop = 0.1mg = 100micrograms)

#### **Storage**

Store at room temperature, below 25°C

#### Schedule 4 Restricted Medication

#### Dose

#### Caution: Clonazepam IV contains benzyl alcohol

Intravenous administration of benzyl alcohol has been associated with serious adverse events and death in neonates characterized by central nervous system depression, metabolic acidosis, gasping respirations, cardio-vascular failure and haematological anomalies ("gasping syndrome").

# Intravenous clonazepam should only be used if no therapeutic alternative is available Anticonvulsant for status epilepticus and epilepsy unresponsive to conventional therapy

IV:

50 microgram to 100 microgram/kg/dose over 2 – 5 minutes

Repeat after 15 minutes if necessary

Maximum DAILY dose: 1mg

#### Oral:

#### Note: ORAL dose is independent of weight

100 microgram to 300 microgram per day in 2 – 3 divided doses

May be increased every third day by 250 – 500 microgram increments

Maximum DAILY dose: 3mg - 6mg

# **Dose Adjustment**

Adjust dose according to response in consultation with neurology

Note: Clonazepam has a long half-life, repeated doses can cause accumulation

# **Preparation**

#### <u>IV</u>

Do not use diluent provided – use a suitable diluent from compatible fluids for dilution

Withdraw 1mL (1mg) of clonazepam injection and make up to 10mL with a compatible fluid

Concentration = 1mg/10mL = 100 microgram/mL

#### Oral

For doses less than 100micrograms

Take 0.1mL (250microgram) of oral clonazepam drops and dilute to 1mL with Water for Irrigation

Concentration = 250 microgram/mL = 25 microgram/0.1mL

#### **Administration**

#### IV

Inject slowly over 2 to 5 minutes

#### <u>Oral</u>

May be given at any time with regards to feeds

# **Compatible Fluids**

Glucose 5%, Glucose 10%, Sodium Chloride 0.9%

# **Y-Site Compatibility**

Refer to KEMH Neonatal Medication Guideline: Y-Site IV Compatibility in Neonates

#### **Side Effects**

Common: sedation, tachycardia, oedema

**Serious:** CNS and respiratory depression, skin reaction

# **Monitoring**

Cardiac and respiratory monitoring

Long term therapy may require therapeutic monitoring

Time to reach steady state: 1 week

Therapeutic range: 20 – 70 microgram/L

Sampling time: midway between doses

#### Comments

Oral drops are dyed blue

Clonazepam IV contains benzyl alcohol - intravenous administration of benzyl alcohol has been associated with serious adverse events and death in neonates characterized by central nervous system depression, metabolic acidosis, gasping respirations, cardio-vascular failure and haematological anomalies ("gasping syndrome")

Intravenous clonazepam should only be used if no therapeutic alternative is available

# Related Policies, Procedures & Guidelines

#### **CAHS Clinical Practice Guidelines:**

Medication Administration: Intramuscular, Subcutaneous, Intravascular

**Neonatal Seizures** 

#### References

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