

HEPARIN

Read in conjunction with **Disclaimer**

HIGH RISK Medication

Formulary: Highly Restricted Requires Haematologist review before commencing for treatment doses					
Presentation	Ampoule: Heparin Sodium 1000 units/mL				
Drug Class	Anticoagulant				
Indication	 Maintenance of patency for Intra-arterial, Umbilical venous and central lines. Treatment of thromboembolic disorders eg. thrombophlebitis, pulmonary embolus and occlusive vascular disease Prevention of thromboembolic complications arising from cardiac and vascular surgery, dialysis and other perfusion procedures 				
Special Considerations	Confirm heparin vial concentration prior to administration of the drug. Administration of the incorrect heparin concentration can result in fatal haemorrhages				
	Heparin should be ceased prior to surgery, seek advice from PCH haematology				
Contraindications	 Evidence of intracranial or GI bleeding Thrombocytopenia (below 50,000/mm³) History of heparin induced thrombocytopenia (HIT) or hypersensitivity to heparin Severe hepatic, biliary or renal dysfunction Eye, brain or spinal cord surgery 				
Precautions	Conditions that increase the risk of bleeding				
Compatibility	Fluids: Sodium Chloride 0.9%, Glucose 5% Refer to KEMH Neonatal Medication Guideline: Y-Site IV Compatibility in Neonates				
Incompatibility	Fat Emulsion				
Interactions	Sildenafil , Ciprofloxacin, Indometacin, Lipids with Vitamins				
	Common: bleeding, bruising and pain at injection site, reversible thrombocytopaenia, hyperkalaemia				
Side Effects	Infrequent: Transient liver aminotransferases elevation, heparin- induced thrombocytopenia				
	Rare: Skin necrosis, urticaria, anaphylaxis				

	Treatment of Thromboembolic Disorders			
	Follow platelet counts every 2 to 3 days.			
	Assess for signs of bleeding and thrombosis.			
	When treating thromboses, maintain an Anti-Xa level of 0.3 to 0.7 units/mL.			
Monitoring	Anti-Xa levels should be used to monitor heparin therapeutic activity in patients less than 1 year, as aPTT levels may be inaccurate in this patient group.			
	Check Anti-Xa after 6 hours and refer to the dose adjustment table for recommendations.			
	If no change to dose – check Anti-Xa every 24 hours.			
	See <u>Dose Adjustment</u> for more information			
Storage	Store ampoules at room temperature, below 25°C			

	Maintenance of Patency of Peripheral and Central Venous Catheters				
10	Presentation Ampoule: 1000 units/mL				
50	Dosage	0.5 units/mL in compatible fluid			
OZ	Preparation	Use 50 mL syringes provided by CIVAS if appropriate	Ŧ		
INTRAVENOUS		IV Infusion: Add prescribed number of units of heparin to diluent so the final concentration equals 0.5 units/mL			
E Z		Example for 100 mL: 100 mL x 0.5 units/mL = 50 units of heparin to be added to 100 mL of fluid			
	Administration	Infuse at the prescribed rate			

	Treatment of Thromboembolic Disorders						
S	Presentation Ampoule: 1000 units/mL						
/ENO	Dosage	CGA	Bolus Dose	Maintenance Dose			
INTRAVENOUS		All	Not routinely recommended, discuss with PCH haematology if loading dose required	28 units/kg/hour			
		<u> </u>	Oosage information continue	es on the next page 🗲			

Dose adjustment:

- See monitoring for more information
- Check Anti-Xa after 6 hours and adjust as per table below if required
- If no change to dose check Anti-Xa every 24 hours

Dose Adjustment

Anti-Xa Assay (unit/mL)	Heparin Dose Adjustment (unit/kg/hour)		
Less than 0.3	Increase infusion by 5 units/kg/hour. Check Anti-Xa again in 6 hours.		
0.3 - 0.7	Continue current dose		
0.71 – 1	Decrease infusion by 2 units/kg/hour. Check Anti-Xa again in 6 hours.		
Greater than 1	Withhold dose and seek advice from PCH haematology		

Management of Heparin Toxicity

- Cease heparin immediately.
- Protamine may be used to reverse the effects of heparin.
- Calculate dose required based on the estimated amount of heparin remaining in plasma at the time that reversal is indicated.

Refer to table below for dosing recommendation.

DO 110

Do not exceed 5 mg/minute, (Maximum dose 50 mg)

Time Since last Heparin Dose (Minutes)	Protamine Dose		
Less than 30 minutes	1 mg per 100 units heparin received		
30 to 60 minutes	0.5 to 0.75 mg per 100 units heparin received		
60 to 120 minutes	0.375 to 0.5 mg per 100 units heparin received		
Greater than 120 minutes	0.25 to 0.375 mg per 100 units heparin received		

IV infusion:

To prepare an appropriate concentration for infusion at 1ml /hr:

Weight (kg) x desired rate (units/kg/hr) x volume of solution (mL)

Preparation

Protamine Dosage

Example:

To prepare a 50mL syringe for a baby weighing 2.5 kg requiring 20 units/kg/hr to infuse at 1 mL/hr

- 2.5 kg x 20 units/kg/hour x 50 mL
- = 2500 units in 50 mL
- = 50 units/mL
- = 20 units/kg/hour = 1 mL/hour

Infuse via syringe driver at a rate of 1 mL/hour

Administration

If giving a bolus dose it should be infused over 10 to 30 minutes

Related Policies, Procedures, and Guidelines

HDWA Mandatory Policies:

MP 0131/20: WA High Risk Medication Policy

Clinical Practice Guidelines:

Neonatology – Thromboembolic Disorders

WNHS Pharmaceutical and Medicines Management Guidelines:

High Risk Medicines

References

Australian Medicines Handbook, Heparin, In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2024 [cited 2024 Mar 01]. Available from: https://amhonline.amh.net.au/

Truven Health Analytics. Heparin. In: Micromedex [Internet]. Greenwood Village (CO): Truven Health Analytics; 2024 [cited 2024 Mar 01]. Available from: http://www.micromedexsolutions.com/

Australasian Neonatal Medicines Formulary (ANMF). Heparin. In: Australasian Neonatal Medicines Formulary [Internet]. [Sydney, New South Wales; 2022 [cited 2024 Mar 01]. Available from: Clinical Resources - ANMF - Australasian Neonatal Medicines Formulary (anmfonline.org)

Neonatal thrombosis: Management and outcome. In: UpToDate [Internet]. Alphen aan den Rijn (Netherlands): Wolters Kluwer; 2024 [cited 2024 Mar 01 Available from: https://www.uptodate.com/

Document history

Keywords	Heparin, protamine, Anti-Xa, line patency, thromboembolic disorders					
Document Owner:	Chief Pharmacist					
Author/ Reviewer	KEMH & PCH Pharmacy/Neonatology Directorate					
Version Info:	V4.0 – full review, doses updated, addition of protamine dosing and administration					
Date First Issued:	08/2013	Last Reviewed:	22/04/2024		Review Date:	22/04/2029
Endorsed by:	Neonatal Directorate Management Group				Date:	25/06/2024
NSQHS Standards Applicable:	Std 1: Clinical Governance			Std 4: Medication Safety		
Printed or personally saved electronic copies of this document are considered uncontrolled.						

Access the current version from WNHS HealthPoint.

This document can be made available in alternative formats on request for a person with a disability.

© North Metropolitan Health Service 2024