



ADULT MEDICATION GUIDELINE

Atenolol

Scope (Staff): All WNHS Staff

Scope (Area): Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

Quick Links

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[Administration](#)

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Restrictions

[Formulary: Unrestricted](#)

Medication Class

Beta-blocker

Presentation

Tablet: 50mg

Storage

Store at room temperature, below 25°C. Protect from light and moisture.

Dose

Postpartum Hypertension

Oral: 50mg daily. On rare occasions, may need increasing to 100mg daily.

Hypertension, Angina, Atrial Fibrillation, Migraine Prevention

Oral: 25mg to 100mg daily

Myocardial Infarction

Oral: Maintenance - 50mg daily

Administration

Oral:

Take with or without food

Monitoring

When stopping treatment, reduce dose gradually. Avoid abrupt withdrawal as it may exacerbate angina, or precipitate rebound hypertension, myocardial infarction, or arrhythmias.

Pregnancy

1st Trimester: Consider alternative

2nd Trimester: Consider alternative

3rd Trimester: Consider alternative

Breastfeeding

Considered safe to use

Comments

Twice daily dosing may improve nocturnal BP control.

Related Policies, Procedures & Guidelines

WNHS Clinical Practice Guidelines:

[Hypertension in Pregnancy](#)

References

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