



## ADULT MEDICATION GUIDELINE

# Clotrimazole

<b>Scope (Staff):</b>	All WNHS Staff
<b>Scope (Area):</b>	Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

## Quick Links

[Dose](#)

[Administration](#)

[Monitoring](#)

[Pregnancy and  
Breastfeeding](#)

## Restrictions

[Formulary: Unrestricted](#)

## Medication Class

Azole antifungal

## Presentation

**Topical cream:** 1%

**Solution:** 1%

**Vaginal cream:** 1% (6-day course)

**Vaginal cream:** 2% (3-day course)

**Vaginal cream:** 10% (1-day course)

**Pessary:** 100 mg (6-day course)

**Pessary:** 500 mg (1-day course)

## Storage

Store at room temperature, below 25°C.

## Dose

**Candidal vulvovaginitis****1% vaginal cream:**

1 applicatorful intravaginally, once daily at bedtime for 6 nights.

**2% vaginal cream:**

1 applicatorful intravaginally, once daily at bedtime for 3 nights.

**10% vaginal cream:**

1 applicatorful intravaginally, as a single dose at night.

**100mg vaginal pessary:**

1 pessary intravaginally, once daily at bedtime for 6 nights.

**500mg vaginal pessary:**

1 pessary intravaginally, at bedtime once only.

**Recurrent candidal vulvovaginitis****1% vaginal cream:**

1 applicatorful intravaginally, once daily at bedtime for 14 nights, followed by:

**500mg vaginal pessary:**

1 pessary intravaginally, at bedtime once a week for six months to prevent relapse.

**Pregnancy**

Topical treatment must be used for 12-14 days in pregnancy because of lower response rates and more frequent relapse.

**Administration**

If an applicator is provided with the product, insert the applicator as high as is comfortable into the posterior fornix and press on the plunger to release.

In the third trimester of pregnancy extreme caution should be observed when using applicators due to risk of rupturing the membranes.

KEMH Pharmaceutical & Medicines Management Guideline: [Medication Administration](#)

**Pregnancy**

**1<sup>st</sup> Trimester:** Safe to use.

**2<sup>nd</sup> Trimester:** Safe to use.

**3<sup>rd</sup> Trimester:** Safe to use.

Use in pregnant patients: Digital insertion of vaginal treatment is preferable to the use of applicator in late pregnancy.

## Breastfeeding

Safe to use.

## Comments

**It is important to finish the full treatment, even if symptoms have gone.**

Advise wearing a sanitary pad may prevent discharge or soiling of underwear.

May damage latex contraceptive devices.

## Related Policies, Procedures & Guidelines

### HDWA Mandatory Policies:

WNHS Policy: [Antimicrobial Stewardship](#)

### WNHS Clinical Practice Guidelines:

KEMH Pharmaceutical & Medicines Management Guideline: [Medication](#)

[Administration](#)

KEMH Pharmaceutical & Medicines Management Guideline: [Prescribing Procedure](#)

KEMH Clinical Guideline: O&G: [Sexually Transmitted Infections \(STI\)](#)

KEMH Clinical Guideline: O&G: [Infections Vaginal: Candidiasis, trichomoniasis, bacterial vaginosis](#)

KEMH Clinical Guideline: O&G: [Discomforts in Pregnancy - Common](#)









## References

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