



ADULT Medication Monograph

# LORAZEPAM



This document should be read in conjunction with this [DISCLAIMER](#)

[Formulary: Restricted](#)

 **HIGH RISK Medication**

<b>Class</b>	Benzodiazepine
<b>Presentation</b>	<b>Tablet:</b> 1mg, 2.5mg
<b>Storage</b>	Store at room temperature, below 25°C
	<b>Schedule 4 Restricted Medication</b>
<b>Dose</b>	<p><b><u>Anxiety</u></b>  <b>Oral:</b>                  2-3mg (up to 4mg) daily in 1-3 doses</p> <p><b><u>Insomnia</u></b>  <b>Oral:</b>                  1-2mg at night.</p> <p><b><u>Premedication</u></b>  <b>Oral:</b>                  2-4 mg the night before and/or 1-2 hours before the procedure.</p>
<b>Administration</b>	<p><b><u>Oral</u></b>                  Can be taken with or without food</p>
<b>Pregnancy</b>	<p><b>1<sup>st</sup> Trimester:</b> Considered safe to use.  <b>2<sup>nd</sup> Trimester:</b> Considered safe to use.  <b>3<sup>rd</sup> Trimester:</b> Monitoring required.</p>
<b>Breastfeeding</b>	Considered safe to use.
<b>Monitoring</b>	Drowsiness. Long term use may result in tolerance and dependence; restrict use to short-term (2-4 weeks) or intermittent use only.

	Suddenly stopping treatment (or reducing or tapering the dose too quickly) in dependent people may produce withdrawal symptoms.
<b>Clinical Guidelines and Policies</b>	<p><b>HDWA Policies:</b>  <a href="#">OD0528/14 - Storage and recording of Restricted Schedule 4 (S4R) medicines</a></p> <p><b>WNHS Policies:</b>  <a href="#">Restricted Schedule 4 (S4R) and Schedule 8 (S8) Medications Policy and Procedure</a></p>
<b>References</b>	<p>Australian Medicines Handbook. Lorazepam. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2020 [cited 2020 Mar 23]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a></p> <p>The Royal Women's Hospital. Lorazepam. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2019 [cited 2020 Mar 23]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a></p> <p>MIMS Australia. Ativan. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2019 [cited 2020 Mar 23]. Available from: <a href="https://www.mimsonline.com.au/">https://www.mimsonline.com.au/</a></p>

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