



ADULT Medication Monograph




# METHENAMINE HIPPURATE (HEXAMINE HIPPURATE)

This document should be read in conjunction with this [DISCLAIMER](#)

[Antimicrobial Restriction – Unrestricted](#)

<b>Class</b>	Urinary antiseptic
<b>Presentation</b>	Tablet: 1g
<b>Storage</b>	Store at room temperature, below 25°C
<b>Dose</b>	<b><u>Prophylaxis of chronic/recurrent lower urinary tract infections</u></b> <b>Oral:</b> 1g every 12 hours
<b>Administration</b>	<b><u>Oral</u></b> Can be taken with or without food Avoid taking medications like sodium bicarbonate, Ural® or Citravescent® as they make methenamine less effective.meth
<b>Pregnancy</b>	<b>1<sup>st</sup> Trimester:</b> Safe to use <b>2<sup>nd</sup> Trimester:</b> Safe to use <b>3<sup>rd</sup> Trimester:</b> Safe to use
<b>Breastfeeding</b>	Considered safe to use
<b>Clinical Guidelines and Policies</b>	<b>HDWA Policies:</b> <a href="#">WA Adult Medicines Formulary</a>  <b>WNHS Policies:</b> <a href="#">Antimicrobial Stewardship</a>  <b>KEMH Pharmaceutical &amp; Medicines Management Guidelines:</b> <a href="#">Medication Administration</a>

<b>References</b>	<p>Australian Medicines Handbook. Methenamine Hippurate. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2020 [cited 2020 Dec 07]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a></p> <p>The Royal Women's Hospital. Methenamine hippurate. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2020[cited 2020 Dec 07]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a></p>
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