



## ADULT Medication Monograph



# METHYLDOPA

This document should be read in conjunction with this [DISCLAIMER](#)

[Formulary: Unrestricted](#)

<b>Class</b>	Antihypertensive
<b>Presentation</b>	<b>Tablet:</b> 250mg
<b>Storage</b>	Store at room temperature, below 30°C
<b>Dose</b>	<b><u>Hypertension</u></b> <b>Oral:</b> Initially, 125–250 mg twice daily for 2 days, then adjust by 250–500 mg daily at 2-day intervals Maintenance, 125–500 mg 2–4 times daily
<b>Administration</b>	<b><u>Oral</u></b> Take with or without food
<b>Pregnancy</b>	<b>1<sup>st</sup> Trimester:</b> Safe to use <b>2<sup>nd</sup> Trimester:</b> Safe to use <b>3<sup>rd</sup> Trimester:</b> Safe to use
<b>Breastfeeding</b>	Safe to use
<b>Monitoring</b>	Blood pressure, full blood count and liver function tests during first 6–12 weeks of treatment.
<b>Clinical Guidelines and Policies</b>	<b>KEMH Clinical Guidelines:</b> <a href="#">Hypertension in Pregnancy: Medical Management</a> <a href="#">Hypertension in Pregnancy: Midwifery Care</a>
<b>References</b>	Australian Medicines Handbook. Methyldopa. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2019 [cited 2020 Apr 21]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a>  The Royal Women's Hospital. Methyldopa. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2020 Apr 21]. Available from:

	<a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a> MIMS Australia. Methyldopa. In: MIMS Online [Internet]. North Sydney (New South Wales): MIMS Online; 2019 [cited 2020 Apr 21]. Available from: <a href="https://www.mimsonline.com.au/">https://www.mimsonline.com.au/</a>
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