



ADULT Medication Monograph



# NAPROXEN

This document should be read in conjunction with this [DISCLAIMER](#)

[Formulary: Unrestricted](#)

<b>Class</b>	Nonselective nonsteroidal anti-inflammatory drug (NSAID)
<b>Presentation</b>	<b>Immediate Release (IR) Tablets:</b> 250mg, 500mg <b>Slow Release (SR) Tablets:</b> 750mg, 1000mg
<b>Storage</b>	Store at room temperature, below 30°C. Protect from light.
<b>Dose</b>	<p><b><u>Pain and Inflammation</u></b></p> <p><b>Oral:</b> <i>IR tablets:</i> 250-500mg twice daily <i>SR tablets:</i> 750-1000mg once daily <i>Maximum:</i> 1250mg daily</p> <p><b><u>Period Pain</u></b></p> <p><b>Oral:</b> <i>IR tablets:</i> 500mg initially, followed by 250mg every 6-8 hours as required.</p> <p><b><u>Migraine</u></b></p> <p><b>Oral:</b> <i>IR tablets:</i> 750mg initially, followed by 250-500mg after at least 1 hour, if needed.</p>
<b>Administration</b>	<p><b><u>Oral</u></b></p> <p>Take with or shortly after food. <i>SR tablets:</i> swallow whole, do not crush or chew.</p>
<b>Pregnancy</b>	<p><b>1<sup>st</sup> Trimester:</b> Consider alternative <b>2<sup>nd</sup> Trimester:</b> Consider alternative <b>3<sup>rd</sup> Trimester:</b> Consider alternative</p>
<b>Breastfeeding</b>	Considered safe to use

<b>Monitoring</b>	<p>Ensure adequate hydration when on this medication.</p> <p>Monitor for signs and symptoms of bleeding or clotting problems such as: swollen ankles, difficulty in breathing, chest pain, black stools or dark coffee-coloured vomit.</p> <p>Use the lowest effective dose for the shortest period of time.</p> <p>Avoid use in severe renal impairment (CrCl &lt;25mL/min) and hepatic impairment.</p> <p>Before starting chronic treatment, measure complete blood count, haemoglobin, BP, weight, creatinine and liver function, and repeat at least once a year during continued treatment.</p>
<b>Clinical Guidelines and Policies</b>	<p><b>KEMH Clinical Guidelines:</b></p> <p><a href="#">Breastfeeding Challenges: Mastitis: Management Of Palliative Care</a></p> <p><b>KEMH Pharmaceutical &amp; Medicines Management Guidelines:</b></p> <p><a href="#">Preoperative Medication Management</a></p>
<b>References</b>	<p>Australian Medicines Handbook. Naproxen. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2019 [cited 2019 Aug 29]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a></p> <p>The Royal Women's Hospital. Naproxen. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2018 [cited 2019 Aug 29]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a></p> <p>MIMS Australia. Naproxen. In: MIMS Online [Internet]. North Sydney (New South Wales): MIMS Online; 2019 [cited 2019 Aug 29]. Available from: <a href="https://www.mimsonline.com.au/">https://www.mimsonline.com.au/</a></p>

Keywords:	Pain, inflammatory pain, mastitis, naproxen, NSAIDs, NSAID, anti-inflammatory, period pain, analgesic, inza, naprogesic, migraine		
Publishing:	<input checked="" type="checkbox"/> Intranet <input checked="" type="checkbox"/> Internet		
Document owner:	Chief Pharmacist		
Author / Reviewer:	KEMH Pharmacy Department		
Date first issued:	Dec 2014	Version:	4.0
Last reviewed:	April 2020	Next review date:	April 2023
Endorsed by:	Medicines and Therapeutics Committee	Date:	Dec 2014
Standards Applicable:	NSQHS Standards: 1  Governance, 4  Medication Safety		
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