Government of Western Australia
North Metropolitan Health Service
Women and Newborn Health Service

ADULT MEDICATION GUIDELINE	
OSELTAMIVIR	
Scope (Staff):	All WNHS Staff
Scope (Area):	Obstetrics and Gynaecology
This document should be read in conjunction with the Disclaimer.	

Quick Links

Dose	Administration	Monitoring	Pregnancy and Breastfeeding

Restrictions

Formulary: Restricted

Medication Class

Antiviral – neuraminidase inhibitor

Presentation

Capsule: 75 mg

Storage

Store at room temperature, below 25°C

Dose

Influenza

Oral:

75 mg, 12 hourly for 5 days

Post exposure prophylaxis (PEP)(within 48 hours of exposure)

Oral:

75 mg, once daily for 10 days. Begin treatment within 2 days of exposure (close contact with an infected person).

Administration

Oral

Take with food to reduce nausea and vomiting if necessary

Contents of capsule may be mixed in soft food, e.g. honey, yoghurt

Monitoring

Nausea, vomiting, headache

Reduce dose if CrCl < 60 mL/minute

Pregnancy

1st Trimester: Considered safe to use

2nd Trimester: Considered safe to use

3rd Trimester: Considered safe to use

Breastfeeding

Considered safe to use

Comments

Treatment: this medicine is intended to shorten the time you have symptoms, such as fever, headache, sore muscles, cough and sore throat.

Prevention: you may get influnza even if you are taking this medicine**.**

Related Policies, Procedures & Guidelines

WNHS Clinical Practice Guidelines:

Antimicrobial Stewardship (AMS) policy

Influenza-like illness

Endorsed Midwives Prescribing

References

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Keywords	oseltamivir, influenza, flu, respiratory viral infection, Tamiflu, neuraminidase inhibitor				
Document Owner:	Chief Pharmacist				
Author/ Reviewer	KEMH Pharmacy Department				
Version Info:	5.0 updated links and full review				
Date First Issued:	31/07/2015	Last Reviewed:	18/05/2026	Review Date:	18/05/2031
Endorsed by:	Medicines and Therapeutics Committee			Date:	02/06/2026
NSQHS Standards Applicable:	☒ Std 1: Clinical Governance ☐ Std 2: Partnering with Consumers ☒ Std 3: Preventing and Controlling Healthcare Associated Infection ☒ Std 4: Medication Safety			☐ Std 5: Comprehensive Care ☐ Std 6: Communicating for Safety ☐ Std 7: Blood Management ☐ Std 8: Recognising and Responding to Acute Deterioration	
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