URSODEOXYCHOLIC ACID (UDCA)

**Scope (Staff):** All WNHS Staff

**Scope (Area):** Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

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**Formulary: Restricted**

**Medication Class**

Gastrointestinal drug

**Presentation**

- Tablet: 500mg
- Capsule: 250mg
- Oral liquid: 50mg/mL

**Storage**

Store at room temperature, below 25°C

Do not use Ursofalk Suspension after 4 months of opening the bottle

**Dose**

**Obstetric cholestasis**

**Route: Oral**

10-15mg/kg daily in 2 or 3 doses (usually 250-500mg 3 times each day). Adjust dose according to response.
### Administration

**Oral**

Can be taken with or without food

Capsules can be opened and dispersed in water or mixed with yoghurt or apple puree

### Monitoring

Liver function and bilirubin each month for first 3 months then every 3 months.

### Pregnancy

**1st Trimester:** Consider alternative

**2nd Trimester:** Considered safe to use

**3rd Trimester:** Considered safe to use

For more information, please contact [KEMH Obstetric Medicines Information Service](https://amhonline.amh.net.au/).

### Breastfeeding

Considered safe to use

### Comments

Obstetric cholestasis- non-PBS indication

### Related Policies, Procedures & Guidelines

- [Cholestasis in pregnancy](https://thewomenspbmg.org.au/)

### References


The health impact upon Aboriginal people has been considered, and where relevant incorporated and appropriately addressed in the development of this document (insert ISD Number). (Please refer to the Aboriginal Health Impact Statement and Declaration for Department of Health and Health Service Provider Guidelines – please delete once you have completed this).

This document can be made available in alternative formats on request for a person with a disability.

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