



Craft and Activities

Long stay patients



WNHS 0504 Rev 2-098

Women and Newborn Health Service
King Edward Memorial Hospital
374 Bagot Road, Subiaco WA 6008
Telephone: (08) 6458 2222
www.wnhs.health.wa.gov.au



This document can be made available in alternative formats on request for a person with a disability.

© North Metropolitan Health Service - July 2017

Some comments from ladies who attended the groups:

"I met some other lovely ladies in the same situation as myself, and we could talk and support each other."

"Having spent 12 weeks in KEMH waiting for the birth of my baby, I found the craft group helpful in keeping me sane!"

"Not only does the group provide an opportunity for ladies to get together and learn a craft or two... it offered a safe place to download my fears, worries and frustrations about being away from my family."

For more information on the Activity Coordination Service please contact:

**Occupational Therapy Department
King Edward Memorial Hospital**

374 Bagot Road, Subiaco WA 6008

Ph: (08) 6458 2870

E: kemh.occupationaltherapy@health.wa.gov.au



Daily Activity Groups:

- ▶ Have fun learning a new craft or skill while helping to look after your wellbeing.
- ▶ Meet other women in a fun and friendly environment.
- ▶ Keep up your regular activities or learn something new.
- ▶ Share your hospital experiences in a safe and welcoming space.

You might like to just come along and have a chat instead of being alone in your room.



Activities to choose from:

- ▶ Sewing
- ▶ Knitting
- ▶ Painting
- ▶ Card making
- ▶ Patchwork
- ▶ Felt work
- ▶ Drawing
- ▶ Jigsaws
- ▶ Word games
- ▶ Board games
- ▶ Reading books
- ▶ Audio books
- ▶ Relaxation tapes
- ▶ Listen to music

Daily Activity Groups

When: Monday to Thursday

Time: 10.00am to 12.30pm

Where: Ward 3 Patient Lounge

All patients are welcome to come along and join in.

* Please note: a small charge is required to cover the cost of the craft materials you use.



Individual activities

For patients who can not leave their rooms, our activities coordinator can come to your room and set up an activity you can do from your bed.

Activities and groups are run by the activities coordinator who has experience in working with women in hospital.

Your Activities Coordinator is:

Ph: (08) 6458 1231 or page 3261