



The trauma-informed healthcare practitioner



What life experiences have led this person to this point?

+ ASK the patient

Might this person have a history of trauma?

TALK to the patient

What unique circumstances and needs does this person have?

-showrespect compassion INVOLVE the patient

How can I form a partnership with this person to meet their needs?

Give CHOICES and control

How can we minimise harm and maximise healing for this person?

EXPLAIN to the patient