



When sex is okay

- There are lots of ways to have sex.
- Sex involves touching the private parts of the body.
- Sex should be a fun experience that makes both people feel good.
- Before sex, both people need to agree to sex. This means they 'consent' to it. Private parts are usually covered by underwear.

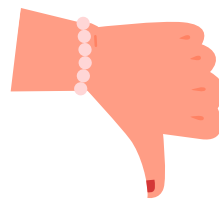
Sex should only happen if both people have shown that they want it

It is **NOT** okay to have sex if you, or the other person, doesn't want it.
If someone doesn't want to have sex it is against the law.

You can show if you want to have sex by speaking or signalling or signing

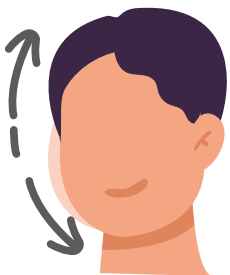


Yes



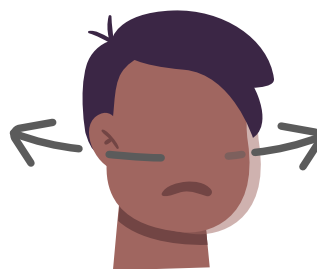
No

You can also show what you want by



Yes

(Smiling and nodding
your head)



No

(Shaking your head
side to side)

Ask if the other person wants sex

To ask the other person you can say:

- ❓ Do you want to have sex?
- ❓ That was nice, do you want to go further?

To say YES to sex you can say:

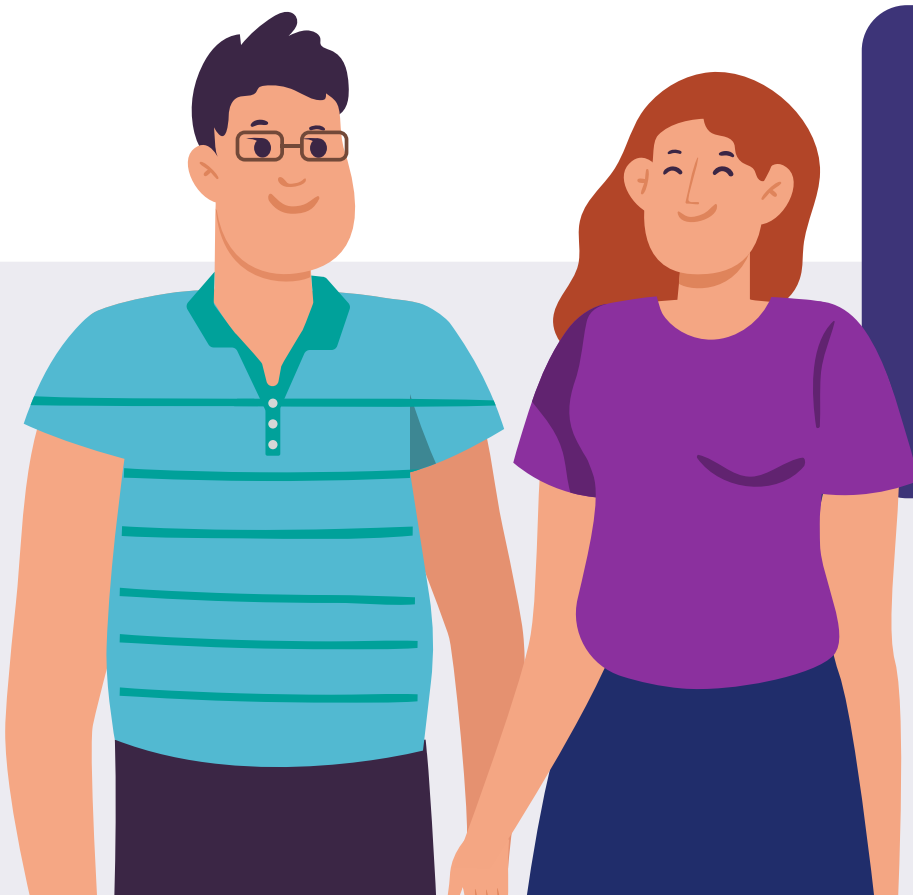
- ✅ Yes, I want to
- ✅ I liked that, let's do more

To say NO to sex you can say:

- ❌ No, I don't want to
- ❌ I want to stop

If someone makes you feel scared, nervous, unsafe or bad, say NO and go somewhere safe

It is important to listen to each other



I said yes to sex with Fred after I knew him for a long time. We are both 24 years old. He is kind and I feel safe with him. He makes me feel good.



What is NOT okay

- To force or trick anyone
- Sex with anyone in your family
- Sex with anyone under 16 years old
- Taking photos of private parts
- Sex with anyone who helps you - like your teacher, support worker, carer or doctor



What is okay

- Can say yes
- Can say no
- Can change your mind
- Can have sex with someone one time and say no the next time
- Can always say no if you don't want it

Things that are NOT okay are called sexual assault and are against the law. Sexual assault is never okay.



What to do if this happens to you

NO

Say **NO** if someone tries to make you do sexual things you do not want to do.

GO

GO to a safe place as soon as you can.

TELL

TELL someone you trust as soon as possible.

Or **CALL** one of the numbers on the next page

If you have been sexually assaulted, you might feel many things:

Angry, scared, sad, upset, confused, different, worried, anxious

- Sexual assault can happen to anyone
- It was **not your fault**
- There are people who can help you



Important things you can do:

- Tell someone you trust about what happened, even if you feel scared
- See a doctor
- Talk to a counsellor
- Tell the police if you want to



People who can support you to get help might be:

- A friend
- A person from your family
- A support worker
- Someone who has helped you before



People you can call on the telephone

Disability Abuse and Neglect Hotline
1800 880 052

People with Disabilities WA
(08) 9485 8900 or 1800 193 331

Sexual Assault Resource Centre
(08) 6458 1828 or 1800 199 888



**If you are in danger right now,
call the police on the number
zero, zero, zero – 000**