

# **SARC Education and Training**

SARC Education and Training offers a range of professional development opportunities to students and professionals working or volunteering in government, non-government and private organisations. Presentations are delivered in a variety of formats by an experienced SARC Trainer.

#### **E-learning**

#### Sexual trauma and responding to disclosures of sexual assault

- Available on the SARC website
- 2-2.5 hours duration
- Free of charge
- Includes 2 quiz sections
- Certificate issued on completion



## **Online presentations**

**Delivered using Microsoft Teams** 

- Sexual Assault and Responding to Disclosures general 1 hour
- A Trauma Informed Approach to Health Care for doctors, nurses, midwives, physios, dentists 1
  hour
- The Impact of Trauma 1 hour
- Building on Trauma Knowledge 1 hour
- **Vicarious Trauma and Self-Care** 1.5 hours; or 2 x 45 minute presentations if required due to work scheduling

Note: recording is not permitted

## **Face-to-face presentations**

- Sexual Assault and Responding to Disclosures with Skills Rehearsal 2 hours
- Vicarious Trauma and Self-Care 2 hours
- Student Leader training for university student leaders 2 hours
   Note: a minimum of 10 and maximum of 35 participants required

## Metro full day face-to-face workshops

Details available on the SARC website

## Regional full day face-to-face workshops

Costs must be covered by the regional service.

Contact the SARC Education and Training Coordinator to discuss your request SARCTraining@health.wa.gov.au

## **Customised training**

Contact the SARC Education and Training Coordinator to discuss your request SARCTraining@health.wa.gov.au

#### **Fees**

Most of SARC's education sessions are delivered free to government and not for profit organisations.

Full day workshops, medical training and customised training sessions often incur a fee.

#### **Medical education**

Refer to the SARC website for further information.

#### **Information resources**

A selection of resources are available on the SARC website.

## To request a SARC education session

Email the SARC Education and Training team <a href="mailto:SARCTraining@health.wa.gov.au">SARCTraining@health.wa.gov.au</a>













## **SARC Education and Training**

 $Email\ training\ enquiries\ and\ requests\ to: SARCT raining @health.wa.gov. au$ 

Further information and resources: SARC website



## **The Sexual Assault Resource Centre (SARC)**

- 24-hour crisis medical, forensic and counselling support following a sexual assault
- Counselling for recent and past sexual assault and sexual abuse
- · State-wide education and training

## 24-hour crisis line for recent sexual assault

Telephone (08) 6458 1828 or 1800 199 888 (free from land line only)

> Crisis telephone support 8.30am - 11.00pm daily Telephone (08) 6458 1828