3.1.2 REFERRALS

KEY WORDS
Diabetes, pregnancy, education, type 1, type 2, GDM, NDSS

AIM
Women with diabetes referred to the King Edward Memorial Hospital Diabetes Service are contacted within one week to arrange an appointment.

REFERRAL TO DIABETES IN PREGNANCY SERVICE

- Referrals to the Diabetes in Pregnancy Service are made via Diabetes Educator (08) 9340 2163 or fax on 9340 2164.
  - A medical practitioners referral is required for medical services

Note: The referral should include results of all recent diabetes related tests if type 1 or type 2, and all antenatal blood tests and ultrasounds if currently pregnant.

DIABETES EDUCATION

Education sessions facilitated by a diabetes midwife and dietitian are conducted routinely three times a week. Extra sessions can be arranged as negotiated.

<table>
<thead>
<tr>
<th>Preconception sessions</th>
<th>As required</th>
<th>By appointment only via</th>
</tr>
</thead>
<tbody>
<tr>
<td>GDM classes</td>
<td>Monday 1245 -1500hr</td>
<td>Diabetes Midwife on:</td>
</tr>
<tr>
<td></td>
<td>Thursday 0915-1130hr</td>
<td>Ph (08) 9340 2163</td>
</tr>
<tr>
<td></td>
<td>Friday 0915-1130hr</td>
<td>Fax (08) 9340 2164</td>
</tr>
<tr>
<td>GDM – Non English speaking(Interpreter) class</td>
<td></td>
<td>All by Appointment only</td>
</tr>
<tr>
<td>Type1 / Type 2 Diabetes</td>
<td>Tuesday 1330 – 1500hr</td>
<td></td>
</tr>
<tr>
<td>Type 1 / Type 2 diabetes in pregnancy clinics</td>
<td>Tuesday 0800-1200hr</td>
<td></td>
</tr>
<tr>
<td>High risk gestational diabetes clinic</td>
<td>Wednesday 0800-1200hr</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Thursday 1330-1700hr</td>
<td></td>
</tr>
</tbody>
</table>
All women are contacted and invited to attend a Diabetes & Pregnancy Class prior to attending the Pregnancy & Diabetes Clinic.

**DIABETES & PREGNANCY SERVICE PROVIDES**

- Pre pregnancy counselling for women with Type 1 or Type 2 diabetes.
- Pregnancy care for women with Type 1, Type 2 or Gestational diabetes (GDM). Shared antenatal care is available to women on consultation with the Diabetes Service and their GP.
- Care of women with phenylketonuria before and during pregnancy.
- Advice to health professionals regarding diabetes and pregnancy.
- Education:  (Women & Health professionals)
  - Diabetes (Type 1, Type 2 or GDM) & Pregnancy
  - Pre conception care
  - Blood glucose meters
  - Insulin – ambulatory stabilisation
  - NDSS(National Diabetes Services Scheme) registration to obtain consumables
  - GDM video for consumers
  - Health Professional CD ROM education package /Workshops for Health Professionals.