



Perinatal Mental Health Promotion Grants

As part of World Maternal Mental Health Day (4 May 2022), the Statewide Perinatal and Infant Mental Health Program (SPIMHP) is offering grants up to \$1,000 to government, non-government and not-for-profit agencies across WA, to host local events/activities.

Grant recipients need to run an event or activity which:

1. primarily targets women, men or families who are planning, expecting a baby or have a baby;
2. takes place around World Maternal Mental Health Day; and
3. aims to do one or more of the following:
 - Raise awareness of perinatal mental health by increasing knowledge of:
 - signs/symptoms of perinatal mental illnesses such as depression, anxiety and severe mental illnesses; and/or
 - self-care strategies for the prevention of illness and maintenance of wellbeing/recovery; and/or
 - where to access support eg. health/social services organisations and their staff and websites/apps/telephone support lines.
 - Provide opportunities for mothers, fathers and families to connect with:
 - other mothers, fathers and families; and/or
 - local health/social services and their staff who support families during the perinatal period.

Visit the [SPIMHP webpage](#) for more information and to download an application form.

Applications close: 14 February 2022

